

the Key

Fall 2016
KAPPA KAPPA GAMMA

PAGE 22

The House Autism Built

*Award-winning photojournalist
Carolyn Van Houten chronicles
one family's life with autism
spectrum disorder.*





1942

LOOKING BACK

Knock-knock. *Who's there?* Accordion. *Accordion who?* Accordion to Kappapedia, this photo was snapped of members of Delta Theta Chapter, *Goucher*, about a year before it closed in 1943 as a result of a decline in Greek life during World War II.

“After a lifetime of concussions, I’d love for someone else to make good use of my brain when I no longer need it.”

—Katherine Sloan Snedaker
FOUNDER OF PINK CONCUSSIONS

Fall

2016, Volume 133, No. 2

FEATURES

Head First

BY KRISTEN LEFEVRE

26 In sports where female and male athletes are covered by the same rules and wear the same equipment, women are more likely to sustain concussions than men. So why aren't women's brain injuries getting their share of the spotlight?

The House Autism Built

BY CATHERINE ROEBUCK MACE

33 Award-winning photojournalist Carolyn Van Houten chronicles one family's life with severe autism spectrum disorder.



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FROM TOP: THE VOORHEES; CAROLYN VAN HOUTEN; © RALPH ARVESEN



Lynch Syndrome Awareness

On May 29, 2015, I was diagnosed with endometrial cancer. While this doesn't seem like it would be related to colorectal cancer, for female carriers of certain genetic mutations, it most definitely is.

MY FAMILY HAS HAD EARLY onset (under age 50) colorectal cancer in four generations. We know that at least one branch of the family carries one of the mutations for Lynch Syndrome (Hereditary Non-Polyposis Colorectal Cancer.) My doctors suggested I start colonoscopies at age 40. What I didn't discover until my cancer diagnosis, is that in women who carry the Lynch/HNPCC mutation, the risk of atypical endometrial cancer is high. Women in families with a history of colorectal cancer need to let their doctors know of any irregular vaginal bleeding, especially if they are under age 50. If you have concerns about genetic cancers, talk to your doctor and get a referral to a genetic counselor. Thank you for supporting women's health and bringing up a sometimes uncomfortable topic.

—KRISTEN DILLON
LUMMIS, Colorado College

Shocked

I WAS SHOCKED TO SEE THE COVER of the Spring 2016 issue of *The Key*. It's wrong for so many reasons, even though it's likely a staged photo and no one was actually in danger (I hope!) I'm very surprised it passed the review process without raising any red flags. My husband and 6 year-old son were also shocked to see such an unsafe use of a treadmill. My son knows not to play on or around them, ever! On a positive note, I love the redesign of *The Key* and its content. I always read the articles and learn something new and important. Kudos to the team!

—SUZANNE GEPSON
HAGEN, Colorado College

Wowed

I WAS INITIATED INTO KAPPA in 1969 at the University of Alabama and have worked in education for 40 years. For the last 10 years I have been the journalism advisor of a

magazine publication, *BAToday*, for Bayside Academy in Daphne, Alabama. I am wowed by your recent publication of *The Key*! The layout and design is modern and clean, the articles are contemporary and relevant. I especially liked the article "The Highest Honor."

—DEBBIE GEHLEN
DENNISTON, Alabama

With a Cuppa

I HAVE BEEN RECEIVING THE *Key* for years...but only recently have found it interesting enough to sit down with a cup of coffee and read it cover to cover. I love the format and the content, and the stories of my fellow KKG alumnae make me proud to be among them. Keep up the great work!

—JENNIFER MCGUIRE,
Bucknell

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Delete, Delete, Delete

USE THIS KEY AS NEEDED

MY HUSBAND SAID IN A CASUAL WAY, “YOU CAN BE sensitive.” There wasn’t any “tone” to his innocent statement. Maybe that’s why it landed like a thud to me. As soon as he uttered the words I tried not to let it be. I’m a lawyer and we are not known for being noticeably sensitive, are we? Nah.

But I appreciated (a little too much) the irony in how those very words prove themselves true. Who doesn’t want to retort, “No, I’m not!” Instead, I chose the equally bad response: “Really?” Next came his kind-intentioned clarification, “Sometimes you can be sensitive.” “*Sometimes?*” I squeaked. Ugh, now I was really trying to reign in the emotions. I couldn’t be angry, nor weepy, because it would reinforce what I was trying to resist. And as members of the opposite sex are wont to do, he kept digging. (Argh, he’s not getting my verbal cues that this isn’t going well). Next came a fairly on-point example from that day of me being sensitive. It was true. And I couldn’t even say that was a long time ago.

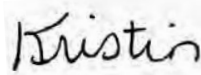
It’s no coincidence that around this time of begrudgingly accepting my *sometimes* sensitive nature, I have also found myself sharing advice to others about how I handle criticism. In fact, sometimes I feel like an old pro at it.

First is acknowledging responsibility when criticism is due, but also knowing when and how to not let it be a negative factor. It requires openness to accept criticism and usually it’s easier from someone you trust, even though it might sting. Then there is not dwelling on it. The best approach I’ve found is to turn it into a positive, so instead of trying to be less sensitive, I’m working on perceiving criticism as an opportunity for personal growth to be open and receptive.

That advice sounds peaches and roses or unicorns and rainbows until the actual words land in the form of a rude or undeserved comment delivered by an internet troll. In that case, all bets are off and I follow what I learned from a celebrity who happens to be a Kappa: “Delete. Delete. Delete.” I actually repeat the words in her chipper intonation. It works, I promise. The delete key may be the best invention of the digital world, or at least a way to cope with it.

Despite the quick fix of the

delete key, sometimes words can continue to sting. I was saddened that one of Kappa’s 2016 Olympians was subjected to online bullying. I am thankful that I have never had to deal with bullying on a personal level, but I have seen it, albeit rarely, among some of the women I advise. It’s often in the form of luring someone to comment back. In that situation, it’s like I used to tell my daughter when she was small and incessantly teased by her twin brother: Don’t take the bait. Easier said than done. In fact, my husband just asked me to turn down the TV and instead I turned it off. Sensitive, much? This endeavor might take some work.



—Kristin Sangid, EDITOR



OWL-ICON

“The owl, the key, the fleur-de-lis,” is a tune Kappas know too well. It’s the perfect caption for all things Kappa on social media, especially when paired with Kappa-esque emojis, which already include a golden key and a gold fleur-de-lis. Thanks to a Unicode Consortium update, an owl emoji is coming soon! The owl is our official mascot and symbolizes wisdom. This new icon will complete the Kappa emoji trifecta. How will you show it off?

“I hear parents say this is part of their child’s education. It gives them such a sense of pride that they’ve given their children this wonderful chance to grow.”

— **Tweety Albritton Eastland**

TEXAS

OWNER OF CAMP MYSTIC



THE
mix

Campers practice swimming and other essential life skills at camp.

COURTESY CAMP MYSTIC







Camp Value

AN OLD IDEA MAY BE JUST THE CURE FOR THE
NEW PRESSURES OF MODERN CHILDHOOD.

CABINS, COUNSELORS, CANOES AND crafts in the great outdoors. The classic sleepaway summer camp may sound like a throwback, but in an age of over-scheduled and over-screened childhoods, throwbacks could very well be what kids need most.

The benefits of this time-honored tradition go beyond fresh air and exercise, say the owners of two legendary camps for girls in the Texas Hill Country. Camp Mystic's **Tweety Albritton Eastland, Texas**, and Camp Waldemar's **Marsha English Elmore, SMU**, tend to talk more about how their campers grow as people than how well they take to horseback riding and archery. "They start to feel good in their own skin here and leave more confident than when they arrived," says Tweety. "They get the tools to handle the pressures

of the modern world." Marsha chalks the change up to the taste of independence campers get when they step away from home for a spell. "They learn a whole lot of living at camp," she says.

Beneficial as camps may be, they can also arouse homesickness, fears of fitting in, performance anxiety and other stresses in children new to the routine. Having helped turn countless kids into happy campers, Tweety and Marsha shared the following tips to prepare for this rite of passage.

—Steve Wilson

Top: Alexa Willy competes in archery on Field Day at Camp Waldemar in Hunt, Texas; Right: At Camp Mystic, also in Hunt, Texas, campers get plenty of outdoor time away from digital life.



FROM LEFT: ELIZABET QUINONES; COURTESY CAMP MYSTIC



Make it a family affair

Kids need to have a say in the decision to come to camp, and a tour or promotional video may help them make up their minds. “Parents have an idea of what camp’s all about, but their kids may not,” says Marsha. “It’s important to see what we do here ahead of time.”

Get your affairs in order

Run through the basics of living out of a suitcase with your child: how to separate dirty clothes from clean ones, how to hang wet clothes for drying, how to keep toothpaste and other toiletries together in a bucket or bag. And while you’re at it, take your child on a pre-camp shopping trip. Nothing builds excitement like spending parental cash.

Fess up

Death in the family? Recent divorce? ADHD diagnosis? Come clean with the camp director about any changes in your home life that may impact your child’s mood and behavior. “At camp these things will surface when children have quiet time,” says Tweety. “If I can confidentially tell counselors to be aware, they’re more prepared if it surfaces.”

Less news is good news

It’s fun to get letters from home—but not when those letters make home sound more fun than camp! Don’t tell them what they’re missing at home. And while you’re at it, don’t lay an accidental guilt trip on them either with lines like, “We sure do miss you around here.”

“It’s important to make it through the weeks they’re here, and we work through the hard spots with a little extra TLC. Once the child gets more involved then she takes off.”

“Just wish them fun and good times and praise them for adjusting to this new experience,” says Marsha.

Avoid escape clauses

“You can come home if you don’t like it” is a ball your child may pick up and run with the moment homesickness sets in. “If an out has been promised, the child may have the attitude of giving up,” says Tweety. “It’s important to make it through the weeks they’re here, and we work through the hard spots with a little extra TLC. Once the child gets more involved then she takes off.”

Keep it in perspective

Nobody said that sending your child away from the nest to live with a bunch of strangers for the first time was going to be easy. “Parents usually need more preparation for camp than kids,” Marsha says. That preparation starts when you realize every worthwhile experience has its ups and downs, and your child will be better for riding them.

“I hear parents say this is part of their child’s education,” says Tweety. “It gives them such a sense of pride that they’ve given their children this wonderful chance to grow.”

Students meditate in Molly Beauregard's "Consciousness, Creativity and Identity" course at the College for Creative Studies in Detroit.



Tuning the Student Mind

AN IDEA TURNS INTO AN EXPERIMENT, WHICH TURNS INTO A POPULAR CLASS, WHICH TURNS INTO A DOCUMENTARY—IS A MOVEMENT NEXT?

ALMOST 10 YEARS AGO, MOLLY LIEBLER BEAUREGARD, *Michigan*, an adjunct professor at the College for Creative Studies in Detroit, started noticing a difference in her sociology students. They were increasingly becoming distracted, distant, disaffected.

Social media was taking hold, the economy was starting to teeter, and the message that every kid needed to be not only data driven and college-bound but destined for economic and personal greatness was taking a toll—even at CCS, a college

brimming with the type of out-of-the-box thinkers who become the automotive designers, filmmakers and artists of tomorrow.

At a college meeting, staff was told the school was seeing rates of depression and other

psychological markers at similar rates to universities around the U.S.—just what Molly was seeing in her classes.

“It’s too easy to point to one thing,” Molly says. “It’s a combination of the needing a job and social media and celebrity

COURTESY TUNING THE STUDENT MIND



worship. We hold competing dreams. We want to be the star of our own show and to live in worthwhile culture.”

Some of it is the “Home Depot” experience, she says. “We are overwhelmed by choices. I kept thinking about it—how to get my students to be excited about learning.”

So Molly did the unexpected. She took a year off and studied how to bring meditation—which she had been practicing for more than 20 years and which brought her peace and opened her up to learning—to her classroom. For decades, meditation has been offered in the community rooms of college campuses as enrichment—but incorporating it into a for-credit class was uncharted territory. And initially, the idea was strongly resisted by some administrators who considered it too spiritual and not academic enough.

To bolster her case and think about how meditation could

translate to a classroom setting, Molly asked a couple of students to learn the practice—including film student Chelsea Richer, who had taken one of Molly’s other sociology classes.

“I was her test student,” Richer says. “It was such a kick-start in my life. It was a new tool in my toolbox to relax and let the creativity flow. It led to an overall better experience in college. I felt that this was the class she should be teaching. She should be giving her students the gift of meditation.”

Ultimately, Molly prevailed and “Consciousness, Creativity and Identity,” a junior-level class featuring meditation, was held starting in 2011. The three-hour block features a traditional syllabus along with 20 minutes of meditation. “We have used both Transcendental Meditation and Primordial Sound Meditation,” she says. “Both mantra-based meditations are taught by professionally trained instructors.”

The result? A calming and refocusing of the mind.

“The class was very word of mouth,” she says. “I wasn’t sure if anyone would come.” But the timing was on the money. “After a couple years of school, students are starting to value self-reflection and they’re exhausted by curriculum at that point of their school career,” Molly says.

For many students, the results were transformative. “It changes their perception of themselves,” Molly says. “What they have been told about themselves may not be true. It’s less about meditation than getting you to identify that, “I am more than my choices.”

So dramatic were the effects of meditation for Richer that she changed her senior thesis to tracking the students’ experience with meditation, making a film called “Tuning

the Student Mind.” She was one of the students in Molly’s first “Consciousness, Creativity and Identity” classes that used meditation as part of the class.

But even after graduation, “The story kept pulling me back,” Chelsea says. After a conversation with documentary producer Una Jackman, who told her, “That sounds like it could be a movie,” Chelsea got to work reinvisioning her earlier “Tuning the Student Mind” film. A Kickstarter campaign raised about \$26,000 and led to the opportunity to do a 27-minute documentary on Molly, other students and the class.

The longer, updated “Tuning the Student Mind” documentary was chosen for the Detroit Free Press Film Festival in 2015 and has also appeared on Detroit PBS stations. It was selected as a Social Media Impact Award finalist and is offered on the SIMA Classroom website.

Molly and Chelsea hope the film spreads the word. Molly has been writing curriculum and talking with other colleges who express interest. “We are working to expand the conversation about integrating meditation into academic courses on college campuses across the country,” Chelsea says, then, “sociology, psychology or film classes could be a natural fit.” Back at CCS, there are now two sections of “Consciousness, Creativity and Identity.” And don’t think about arriving late to register for it. “It’s become the class people want to take. You have to sign up the first day or you will be on a wait list,” Chelsea says.

“Tuning the Student Mind” is available for purchase on Vimeo On Demand for \$2.99. www.tuningthestudentmind.com.

—By **Jodi Noding**, Florida



“It’s a combination of the needing a job and social media and celebrity worship. We hold competing dreams. We want to be the star of our own show and to live in worthwhile culture.”



“My personal style is preppy. I like bright colors, prints, happy clothing.”

Pump Up the Jams

IF YOU ASK DEVON HOPPE MISCH, USC (CALIF.), WHAT INSPIRED HER to create her own line of active wear, she’ll answer with one word: black. More specifically: racks upon racks of black yoga pants, black tank tops and black sports bras. “My personal style is preppy. I like bright colors, prints, happy clothing,” says Devon. “Black clothing was boring. It wasn’t what I wanted to wear.” Now, Devon is the founder and CEO of Devon Maryn, an activewear line dedicated to helping women exercise in color. We asked this founder and fashionista—who aims for five, one-hour workouts per week—what she keeps in her gym bag to keep her motivated and prepared for her weekly workouts.

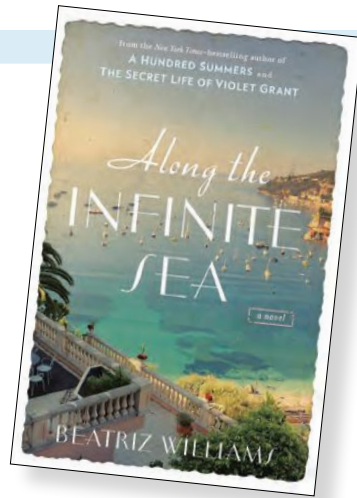
—By **Kait Smith Lanthier**, Marist

Devon works with industry experts who advise her on manufacturing.

MATTHEW COLE

Sweating the Small Stuff

Looking good is half the battle. From a good book, to a water bottle that keeps water cold for hours to the Fitbit that dances on your wrist when you hit your daily goal. Here are Devon's cheats to get through the last brutal five minutes.



Along the Infinite Sea
Available at booksellers nationwide



S'well 30-ounce bottle
\$30, swellbottle.com



Fitbit Alta
\$129.95, fitbit.com



FitClips earbuds
\$19.99, koss.com



"This top is very feminine, which is always my goal. The girlier the better."

Top Knot Bow Top
\$70.00, devonmaryn.com

"Many of the prints in my brand have a nautical, resort vibe. But with their blue and blue shades, these also feel very Kappa!"

Blue Chevron Yoga Capris
\$85.00, devonmaryn.com





Gone to the Dogs

TEACHING OLD (AND NOT SO OLD) DOGS NEW TRICKS.

AS FOUNDER, CEO AND RESIDENT “DOGGIE DEEVA” at Applause Your Paws in South Florida, **Dee Hault, Miami**, works with pooches from the dog next door to the canine companions of celebrities. Her clients include Leah Black of “Real Housewives of Miami,” Miami Heat player Hassan Whiteside, and pop artist Romero Britto—to name a few. **Sarah Kropp, Allegheny**, sat down with Dee—one of only 200 certified dog behavior consultants in the world—to learn a few tips from Miami’s hottest dog trainer.

SK: How did you get into the dog training business?

DH: I won my first blue ribbon in 1987 with a Border Collie mix named Babe. While it was always a hobby of mine, I didn’t start to think that it could be my job until I was completing my

MBA in 1997. I was volunteering and training at rescues and shelters, but I saw an opening in the Miami market for rewards-based training.

SK: Tell me about rewards-based training.

DH: I believe in teaching the dogs that when they make good choices, they will be rewarded. My slogan, “You don’t have to be RUFF to teach your dog stuff,” was inspired by all the dogs I have been able to teach without the use of physical

Right: Dee and Ransom, a Terrier Mix she trained who became the first mixed breed canine in Florida to earn a championship trick dog title

THINKSTOCK

punishment—just kindness, determination and a tasty bag of treats!

SK: When should a dog owner seek out a professional dog trainer?

DH: When you first bring a dog into your home, even just one private lesson makes a huge difference. You have to learn from the start to make dog training a lifestyle, not just a chore to be done right now. It shouldn't just be when you have a problem.

SK: How do you advise clients who have a new puppy with a chewing habit?

DH: If you are having a problem with destructive chewing, then your dog has too much freedom. Let your dog earn his freedom ... or as we like to call it N.I.L.F. or “nothing in life is free.” It is always about who has the resources. Your dog needs

to learn that “Mom is the only one that is important and is the source of my happiness.”

SK: My dog Winston has been known to steal sandwiches from kids at the park. What gives?

DH: I can say that sometime in his life, Winston has been provided reinforcement for that behavior. Take away the opportunities for his bad behavior while also using positive reinforcement (lots of kisses and good treats) to reward him when he does what he should.

SK: Does it take special skills to communicate with dogs effectively?

DH: Being consistent and making little changes really affect the big picture, because your dog is always learning. I don't speak dog and my dogs surely don't speak English, but we get pretty close to somewhere in the middle.

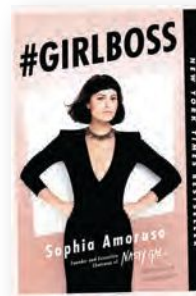


JOHN BOUMA

For Your #GirlBoss

Every #GirlBoss needs inspiration in her life—no matter what stage of her career she is facing. Find empowerment in the pages of these memoirs.

—Compiled by **SommerAnn McCullough**, Denison



#GirlBoss

BY SOPHIA AMORUSO

The original #GirlBoss and founder of Nasty Gal shares her secret to success from school dropout to CEO.



Big Magic

BY ELIZABETH GILBERT

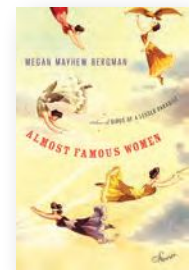
It can be hard to find your “passion” with so many choices—Liz helps us discover our hidden creativity.



Daring: My Passages

BY GAIL SHEEHY

One woman's memoir shares enough grit and unconventional career moves to inspire any woman to go after her largest goals.



Almost Famous Women

BY MEGAN MAYHEW BERGMA

These 13 vignettes of women will have you ready to face any challenge—regardless of how history remembers you.

A Girl's House Is Her Castle

CINDERELLA MIGHT LIVE IN A CASTLE,
BUT A KAPPA LIVES IN A KASTLE.

WITH NEWLY BUILT, MODERN UNIVERSITY HOUSING options on the rise, how do sorority housing experiences measure up? Whether it is a home that is rich with history, full of opportunities for sisterly bonding or ripe with options of delicious, chef-made meals, these chapter houses are second to none.



A Historic Gem

BETA PI, WASHINGTON

IN 1930, BETA PI CHAPTER built a 16,000 square foot brick home across from the campus entrance. In 1932, Beta Pi dads gave the chapter a new Frigidaire, “the largest model,” the women boasted in *The Key*. Today, the home has a recently renovated formal living room, study rooms, energy-efficient windows (and modern appliances). They also own

and occupy a nearby home, called “Gus’s House” in honor of its former owner, a longtime neighbor. Up to 98 members live in the two residences. Chef Steve publishes the chapter’s delicious menus at www.wickedhealthypeeps.com. Fun fact: The Beta Pi property is one of the only homes in the UW Greek system to have a grass lawn.



Shutters of Blue

BETA OMEGA, OREGON

LOCATED ON EAST 15TH AVE. in Eugene, Oregon, the Beta Omega chapter house is a bustling base for members, who frequently drop by to eat meals together or take a break between classes. The chapter has been in the same home since its founding in 1913, and the close proximity to campus creates a high demand to live in, with a

capacity of 55 live-ins. The sun porch is a popular place to do homework, eat lunch and catch some rays. A unique feature of the house is the costume closet: It contains clothes accumulated over many decades, perfect for a themed gathering or just a night out. A blue front door and blue shutters add touches of Kappa flair.

TOP LEFT: ELLIE MORTENSON; NICOLE SALCIDO



South Quad Stunner
GAMMA OMEGA, DENISON

THE GAMMA OMEGA CHAPTER house is located on the South Quad, which became part of campus when the Shepardson College for Women merged with Denison University in 1900. The rosebrick house was built in 1950. In 1959, a large chapter room

was added. By 2008, major updates included three new furnaces, a remodeled kitchen and air conditioning. A fun fact: Gamma Omega Chapter operated as a local sorority, Kappa Phi, for 50 years before being installed as Gamma Omega in 1929.



Denton Digs
ZETA SIGMA, NORTH TEXAS

LOCATED IN DENTON, Texas, Zeta Sigma chapter's house, with its fleur-de-lis patterned entry, has been called the "Kastle" since it was built in 2003. Members count their House Director, reasonable costs and proximity to campus as

their favorite things about it. Sisters enjoy movie marathons on the comfy couch in the chapter room, hosting study parties in the office and conference room, as well as cooking family-style dinners in the kitchen for the 25 members who live in.



From Farmhouse to Fabulous
GAMMA THETA, DRAKE

GAMMA THETA CHAPTER members reside in the Millie Y. and Frank P. Mattes House, which is listed on the National Register of Historic Places. Built in 1910, it was originally a farmhouse and was converted to a sorority house in 1959 after being purchased by Gamma Theta. The exterior is a remarkable three-story Tudor with a carriage house

for the House Director. The house has undergone two expansions to accommodate the growing chapter. The lower level has a scholarship room used for studying and meetings, as well as a workout facility. What remains a constant in the house is Kappa pride—the exterior entryway even boasts a large rendering of our golden key.



Sorority Court
GAMMA KAPPA, WILLIAM & MARY

DESIGNED BY ARCHITECT Charles Robinson, who also designed many of the "old campus" buildings, Gamma Kappa Chapter's brick home on Richmond Road is owned by the university, but has been maintained and furnished by the House Board since 1929. The home was originally built for Alpha Chi Omega until it moved

to another house and Kappa moved in. A prime location, the house sits on the Homecoming parade route, which members and alumnae watch from the front porch with its charming arched lookout. In 2012, with the financial support of alumna Sally Ives Gore, the House Board was able to complete a major renovation.

TOP LEFT: JESSICA BRAID; KELLIE BOB; ROBIN MYERS; CHARLOTTE MCCARTER



Modeling for catalogs and magazine spreads, Alexandra says “Fat-ism is the last ‘ism’ acceptable in our culture. And that stops now.”



Curves Ahead

A FORMER MODEL AND ADVOCATE WEIGHS IN ON
THE PLUS SIDE OF THE MODELING INDUSTRY.

SHE'S A MODELING INDUSTRY FIXTURE. HER IMAGE HAS appeared on the pages of hundreds of magazines and catalogs. She has collaborated with America's top designers including Tommy Hilfger and Liz Claiborne. And she's a woman who wears a size 14.

COURTESY: ALEXANDRA BOOS

Many of us think of models as skinny-minnies with perfectly slender bodies, but **Alexandra Boos**, *Michigan*, has spent her career empowering women of all sizes to change the way they see themselves through fashion. “What we wear is a vehicle to the lives we live,” Alexandra says. “Fashion is a doorway to be your best self.”

It was 1989 when Alexandra moved east from her home in Michigan to become an actress; New York City had other plans. “So many people that I met in the city encouraged me to model, not to act,” Alexandra remembers. (How can I be a model? I’m a size 14,” she thought.) Still, she heeded the advice and was signed as a plus-size model with Ford—the first modeling agency she visited. The work was steady, and Alexandra was in demand, shooting campaigns for Lane Bryant, Catherine’s and German brand Ulla Popken (among others).

She was glad to have the work but dismayed to find that plus-size models didn’t share the same treatment as their traditional counterparts. On site for a major department store’s catalog shoot, Alexandra was included, but highly neglected. She was asked to arrive first to the set with full hair and makeup done. After her shoot wrapped, Alexandra noticed the other (thinner) models were getting their hair and makeup done by professionals. “It was a blatant stepchild feeling,” Alexandra explains. “And I said no more.”

But inequalities went beyond hair and makeup and into pay. Alexandra recalls an invitation to collaborate with a designer on a new full-figured collection—a project she was thrilled to be a part of until she learned she would be paid one-third of what a skinnier model made for the same work. Alexandra wouldn’t stand

for it—and didn’t. She confronted the designer and made her stance clear: Either she would receive equal pay, or she would remove herself from the project. The designer heard her and made it right. But it shouldn’t have been an issue at all.

Now retired from day-to-day modeling, Alexandra recently launched the Curves Division at True Model Management and is the marketing and creative director for *PLUS Model* magazine.

Alexandra’s business is booming and, given the demographics of the U.S., it should come as no surprise. According to NPD, a market research firm tracking fashion industry trends, in 1985, the average woman wore a size 8. Today, she wears a size 14. Plus-size apparel represents almost eighteen billion dollars of the 116 billion-dollar women’s-apparel business, and in the past three years it has grown by almost 20 percent.

Even so, there is more work to be done. In 2016, most clothing brands still end their size offerings at 14, despite the fact that more than two-thirds of American women wear a size 14 or larger. “I’ve come across so many things in my career that it’s important for me now to be an advocate,” Alexandra explains. To that end, Alexandra founded (and serves as the CEO of) the nonprofit Luminous Foundation, which seeks to empower women and youth through fashion and entertainment.

Whether in front of the fashion industry’s lenses or behind them, Alexandra sees her role these days as a voice for equality for women of all sizes. And she’s not looking to quiet her voice down on the subject anytime soon. “Fat-ism is the last ‘ism’ acceptable in our culture,” she says. “And that stops now.”

—By **Laura Vinci**, Kansas

A STARTUP WITH A CAUSE

PICC Up Lines

How an entrepreneur with Lyme disease is making Lyme into lemonade.

EMILY LEVY, *BABSON*, LIKES TO JOKE THAT DOCTORS SAY SHE’S “the illest.” But it took more than 10 doctors almost seven years to figure out what was making Emily so sick. “I was misdiagnosed so many times,” Emily says. “They thought it was mono. At one point, they thought it might be cancer, depression or anxiety—everything but Lyme.”

By the time Emily was formally diagnosed with chronic neurologic Lyme (including coinfections of *Babesia* and *Bartonella*), she was a freshman in college and the disease had spread to her brain and spinal cord. Treatment via oral antibiotics proved ineffective, so doctors told her she’d need a PICC line (short for Peripherally Inserted

Central Catheter)—“essentially a long-term IV,” Emily explains—inserted through a vein in her upper arm to deliver antibiotics and other medications directly into her heart. Emily’s nurses advised her that she’d need to cover her PICC line and the foot of extension tubing attached to it. After searching for solutions among Lyme survivors online, she found a stop-gap measure:



cutting the foot off a sock to make a stretchy sleeve.

The result was less than ideal (slouchy, unfashionable), but for the spring semester of her first year in college, Emily wore her sock everywhere. “I thought, ‘There has to be a better way to protect your PICC line,’” Emily says.

There wasn’t, as it turns out. So, after teaming up with co-founder Yousef Al-Humaidhi, Emily developed a protective sleeve made of moisture-wicking

antimicrobial Spandex reinforced with medical grade elastic to hold it securely in place. Treatments take place through the hole in the lining, so a patient’s insertion site is never exposed. When Emily tried the first of two prototypes from the company’s U.S.-based manufacturer, she knew she was on to something big.

She wasn’t the only one. Online sales of PICC Perfect’s covers have been booming since the product’s launch in

August 2015, and it’s easy to see why: Figures from the National Institutes of Health reveal that over a million PICCs are placed each year in the U.S. to treat a myriad of illnesses.

But Emily’s company is getting attention beyond the consumer market. Last year, PICC Perfect exceeded its \$10,000 Kickstarter goal, raising \$13,200. In the past 18 months, the company was named Babson’s Student Business of the Year and won a number of entrepreneurship competitions, including the Beantown Throwdown, Purdue’s Big Sell and the Rhode Island Business Plan Competition.

Riding high on the wave of success, Emily and her team, including vice president of finance **Julianne Carlin**, Babson, are now expanding their offerings with male-friendly colors and designs, plus a waterproof cover for patients to wear in the shower. This summer they launched PICC’ed Up Kids, producing pint-sized covers for children who are undergoing treatment via PICC lines. They’ll also launch a rebranding effort. MightyWell will continue to offer the PICC Perfect line of covers but will expand into other medical accessory products, starting with a line of shirts featuring openings that provide safe and easy access for patients who have medical ports in their chests.

Although she’s not Lyme-free (and may never be), Emily says she is “about 60 percent better” and does not currently require treatment via a PICC line. But she can’t rule out returning to treatment in the future. While “Lyme is the worst best thing that ever happened to me,” she says, “I always wanted to have a business. I realized this is what I’m supposed to do.”

—By **Kristen Desmond LeFevre**, Indiana

Lyme 101



The Centers for Disease Control estimate that around 300,000 people are diagnosed with Lyme disease in the U.S. each year. However, because diagnosing Lyme can be difficult, patients may be misdiagnosed with other conditions, and many experts believe the true number of cases is much higher.

What kinds of ticks carry Lyme? Lyme disease is caused by the bacterium *Borrelia burgdorferi*. It is transmitted primarily by deer ticks prevalent in the Northeast, Northwest and parts of the upper Midwest—with 14 states accounting for over 96 percent of cases reported. In order to transmit the bacteria, an infected tick must be attached to a person’s skin for at least 24–48 hours.

What are the symptoms of Lyme? Many people who have Lyme disease develop a rash shaped like a bullseye—an expanding ring of solid redness—or a red bump surrounded by clear skin that is ringed by an expanding red rash. The rash is usually at the site of a tick bite and may be accompanied by flu-like symptoms such as fever, headache, fatigue, and muscle and joint aches.

What should I do if I suspect I’ve contracted Lyme? If you have been bitten by a tick, have a bullseye rash or flu-like symptoms, and live in (or have recently traveled to) an area where Lyme disease occurs, see your doctor right away. Early diagnosis (via a two-step blood test) and treatment (via antibiotics) of Lyme disease can prevent serious illness and long-term complications.

How can Lyme be prevented? You can help prevent being exposed to ticks by making sure you wear protective clothing and apply insect repellent containing DEET, especially when spending time in grassy or wooded areas where ticks live.

Kappa Kandy

SWEET SELECTIONS FOR SISTERS EVERYWHERE



Pack It In

The Little America backpack in Scattered Chambray from Herschel Supply Company takes you from midtown to mountains in style. // \$99 // www.herschelsupply.com



Fleur-de-Makeup

Make your beauty regime fleur-tastic with this blue fleur-de-lis makeup bag. // \$20 // www.ringching.com



Clutch Shot

Embrace your inner fashionista with this woven leather fringed Kathlyn clutch by Sam Edelman for a summer night out. // \$168 // www.nordstrom.com



Haute Tote

Pack your beach, lake or picnic essentials in this blue and cream cotton canvas tote featuring a wipe-able interior for easy cleaning. // \$50 // www.sperry.com

HERSCHEL SUPPLY COMPANY; RINGCHING; NORDSTROM; WOLVERINE WORLDWIDE



Ask Clara

ADVICE FOR ANY OCCASION

Clara Pierce, Ohio State, was Executive Secretary of Kappa Kappa Gamma from 1929–1969. She urged members to “aspire nobly ... adventure daringly ... but serve humbly.”



Dear Clara: I had my Yorkie, “Jimmy Chew,” certified as an emotional support animal so that I can take him everywhere with me. I am a widow, and I feel overwhelming anxiety when we are

apart. One of my more opinionated friends thinks I am playing the system. She says she is embarrassed when I bring Jimmy along with us on our lunch dates. I don’t see what the big problem is. Who’s right?

—Signed, *Gone to the Dogs*

Dear Dogs:

I assume that you wouldn’t pretend to be blind to get a reduced bus fare, and you wouldn’t pretend to be a paraplegic to use a wheelchair. So, if your Yorkie is not actually a service animal, I hope you would not try to pass him off as one. Still, if you want to maintain your friendship—and if you truly need Jimmy Chew with you at all times due to a documented mental health condition—consider inviting your friend to lunch at your place and save your outings with Jimmy for another day.

Dear Clara:
My friend and her fiancé are asking guests to refrain from taking pictures or posting any images of their upcoming wedding ceremony or recep-

tion on social media. Does that seem a little bridezilla-like to you? Do I have to comply?

—Signed, *Unreasonably Unplugged*

Dear Unplugged:

Many couples prefer an unplugged affair, eschewing throngs of iPads in their faces at key moments of their big day. Your friend likely invited you so you can celebrate with her, not play photographer. Bear witness to the moment by capturing it in your heart and not on a screen. It may be uncomfortable for you to unplug, but if you love your phone so much that you can’t put it down for a few hours, why don’t you marry it?

Dear Clara:
I work in a cubicle setting near a very loud coworker.

I’ve considered wearing noise-canceling headphones, but I don’t want to appear unapproachable to my manager and colleagues. Do you have any advice?

—Signed, *Crying Out Loud*

Dear Crying:

Approach your cubicle neighbor casually, and say something like: “I don’t know if you’re aware, but your voice really carries and I’m having a hard time concentrating.” While this might initially offend him, he may also appreciate your honesty. If he tones his volume down, thank him for his effort. Either way, there will always be some level of noise in your environment. Train yourself to stay on track and concentrate on your tasks, not on your neighbor’s voice—however loud it may be.

{ Have a question for Clara? thekey@kkg.org }

State of the Art

Painted in 1920 by **Elizabeth “Lizzie” Gowdy Baker**, *Monmouth*, the more than 7-foot tall portrait of Kappa’s first Grand President **Tade Hartsuff Kuhns**, *Butler*, graces the entranceway of The Heritage Museum. Tade presented her portrait to the Fraternity at the 1920 Golden Jubilee Convention. Ever a strong leader, in 1884 Tade proposed a Fraternity publication, making Kappa Kappa Gamma the first women’s fraternity to publish a magazine. Lizzie herself was a visionary in the art world; she developed her own aquarelle technique in the late 1800s. Her portrait of Tade showcases her mastery of the strength of oil, while retaining the daintiness of watercolor on heavy, imported sheets of watercolor paper.

—By **Melisse Campbell**, Mississippi

This portrait of Tade is Elizabeth Gowdy Baker’s largest work of art done in pure aquarelle.



The House Autism Built

Photographer **Carolyn Van Houten**, *North Carolina*, chronicles one family's life with the developmental disorder.

A SHUTTER CLICK. A FLASH. For many, these sounds and sights can be tuned out. But for Marcus O'Loughlin, that isn't so easy. When Marcus was three, he was diagnosed with moderate to severe autism. A developmental disorder that affects the neurological development of social and communication skills, autism affects about one in 68 children, according to a study by the Centers for Disease Control and Prevention.

Even for an accomplished photographer, the task of documenting Marcus and his family would prove a unique challenge. But when Carolyn Van Houten started shooting the family in 2012, she was still in college. Her photo series on the O'Loughlins, "The House Autism Built," would eventually win her a Hearst Photojournalism Picture Story award. "The wonderful thing about the O'Loughlins—amid the chaos of their everyday lives—always emerges something more beautiful and transcendent than I can ever imagine," says Carolyn.

—Catherine Roebuck Mace



Marcus has a one-on-one session with his teacher at Middle Creek Elementary School. For the O'Loughlins, having an autism-specific classroom in the area is a stroke of luck. This type of classroom is becoming less common but is vital to Marcus' development. Even though Marcus was forced to move up to a higher class level despite being unprepared, to even have the class at all is fortunate.



“I often try to think what it must be like in his little brain and I envision fireworks, just fireworks going off—I don’t know what it’s like in there, but it must be like living with constant noises and sounds and explosions going off all the time.” —ERIN O’LOUGHLIN



Marcus' older sister, Jordan, 12, above left, celebrates the story written in the Cary News about her mom's efforts to start 3 Irish Jewels Farm, an assisted-living farm for adults with autism. For Jordan and the youngest sibling, Brendan, 7, having a special needs person in their lives is the norm. "That's their world. So if they see another person with different special needs, it doesn't even phase them," says Erin O'Loughlin, the trio's mother. "That factor of inhibition and fear is simply not there and it's a beautiful thing."



Marcus' autism is so severe that he requires assistance with daily tasks. As he gets older, the O'Loughlins must weigh the options of what his needs might be as an adult.




One of the classic signs of autism is repetitive, obsessive behavior. Around the time Marcus was diagnosed, he would line up these toy cars precisely on the edge of the bathtub. Brendan mimics this behavior but is not on the spectrum.

“We know in our hearts that Marcus is going to need assistance for the rest of his life. There’s still this hole in our community and our society that exists for adults with autism. It does not stop at age 18. It’s not something you grow out of.”



“At the end of the day, children with autism are not given to strong, special people. We are made strong and we are made special by having to raise that child with special needs and, yes, we are very often given more than we can handle.”

Marcus defies autistic stereotypes with an affection for eye contact and hugs. Though the two have never had a conversation—Marcus is non-verbal—Marcus and Erin’s relationship is an ever-evolving journey. 





Women experience more concussions than men,
suffer more severe symptoms
and recover more slowly. Why?

No one knows for certain.

But **Pink Concussions** is searching for
the answers by diving into new research

Head FIRST

by **Kristen Desmond LeFevre**, Indiana



photo by **The Voorhes**

Like most of us, **Katherine Sloan Snedaker**, *Kansas*, founder and executive director of Pink Concussions, intends to make the most of her brain while she's got it. After all, she can't take it with her. When the end inevitably comes, it's her hope (and her advance directive) that scientists studying Chronic Traumatic Encephalopathy—a degenerative brain disease caused by repetitive brain trauma—will make even more of it. But she's not waiting until then to make a difference.

The flood of media attention highlighting brain damage, dementia, and suicides among NFL players has inextricably linked concussions and football in the public psyche. The attention is justified: Last year, researchers working with the Concussion Legacy Foundation conducted a post-mortem study of the brains of men who had played football at the college, semi-pro and professional levels. Out of those 165 brains, 131 showed signs of CTE, indicating that not only is the debilitating disease a risk, it's probably more prevalent among these athletes than previously thought.

But in fixating exclusively on football, the concussion controversy has lacked a certain breadth. That's because beyond the line of scrimmage, it's women—not men—who are most likely to be concussed.

Today, the national conversation on concussions is shifting from blue to pink thanks in large part to Katherine Snedaker, a licensed clinical social worker, leading concussion expert and educator. But it's also thanks in small part to Bob Scheiffer, Jim Nantz, and a Super Bowl pregame misquote that rocked the internet.

It was 9:30 on the morning of Super Bowl Sunday 2013. On CBS—the network airing the big game later that day—“Face the Nation” was broadcasting live from New Orleans' Jackson Square, just down the road from the Superdome where the Baltimore Ravens and the San Francisco 49ers were set to face off. Moderator Bob Schieffer's guests—NFL Commissioner Roger Goodell, football analyst Jim Nantz, former Giants quarterback Phil Simms and Hall of Fame tight end Shannon Sharpe—gathered to discuss the issue of concussions in professional football. Schieffer's line of questioning made it clear: He wasn't aiming to make this a cakewalk for the NFL.

In an effort to reframe the conversation and draw some heat away from football, Nantz referred to a study he'd read in preparation for the show: “Research shows, at the college level, a women's soccer player is two and a half times more likely to suffer a concussion than a college football player,” Nantz said. “I don't hear anybody saying right now, ‘Should we put our daughters in these soccer programs?’ The point is—this issue spreads well beyond the NFL.”

In many ways, Nantz was right. But he had flubbed the point, misquoting a research study comparing female soccer players to male soccer players—not to football players. Soon after, reporters, members

of the concussion community and women's soccer fans alike took to the internet to find the research study Nantz quoted.

The quote and the ensuing internet firestorm caught Katherine by surprise. She knew that people would have a hard time finding the source on which Nantz based his comments: Statistics on female concussions were traditionally buried within larger research studies. Concussions had become her life's work and women's concussions were a recent focus within that work. So of course, Katherine was able to put her finger on the study Nantz had misquoted. Tired of firing the study off via email to anyone who asked to see it, Katherine told herself, “Everybody is talking about this, but nobody knows where to go to get information.” She decided there needed to be a central hub for information about female concussions—and she'd be the one to build it.

Three days after Super Bowl XLVII, Katherine launched PinkConcussions.com. The website focused on women who suffered one or more concussions—not only from sports, but also from abuse, accidents and military service.

“The sports piece of women and concussions is what interests a lot of people, but it's bigger than that,” Katherine says.

That's why Pink Concussions promotes concussions as a lifespan issue for every woman, both on and off the athletic field.

Katherine's firsthand experience with the lifespan of concussions is painful and personal. She was 16 when she received her first concussion, and she has had more than 20 concussions to date. Even now, she eschews dwelling on them.

“I learned early on that it was best to not mention the headaches to doctors who had no understanding of my experience,” she says.

In 2008, Katherine's son Charlie took a soccer ball to the head. The resulting concussion kept him sidelined from school for three months. In the year that followed, he sustained four more concussions.

Katherine was puzzled and there wasn't much doctors could tell her about what was happening to her son.

“There was this gap between the doctor's diagnosis of his concussions and my knowledge and coping skills on how to help him heal,” she recalls.

She quickly tired of the isolating refrain that her son “had his bell rung” and that he should “just rest” until his symptoms cleared.



“My kids have had other medical problems that the medical community had dealt with really well,” Katherine says. “I couldn’t figure out why their reaction to concussions was so different. I kept asking myself why they didn’t know how to make my son better.”

Determined to find answers, Katherine—who has a master’s degree in social work—spent the better part of 2009 and 2010 seeking out concussion experts, reading up on neuroscience research and attending medical conferences on brain injuries. Word of her newly acquired expertise spread through her Norwalk, Connecticut, community, and it soon became known that if your kid has been concussed, Katherine is the next stop for advice after you’ve left the doctor’s office or hospital. She estimates that she counseled over 300

families in those first two years.

“It was kind of like being a concussion doula,” Katherine says.

By 2012, Katherine started working at a local concussion clinic. She noticed that many of the clinic’s female patients weren’t healing as quickly as traditional data indicated they should, so she organized a support group for these slow-to-heal patients. Over the course of three months, she witnessed the difficulties these girls faced post-concussion.

“I heard how they weren’t believed, their isolation,” Katherine says. “I heard how doctors had said insensitive things to them like ‘Just get over it,’ and ‘You should be better by now,’ and ‘Maybe this is all in your head,’ implying that they might be complaining of symptoms for social or emotional reasons beyond a concussion.”

Their stories struck a chord with Katherine who harkened back to her own difficult days following concussions she'd sustained as a teen. "It was like sirens crying out to me," Katherine recalls.

It was the first time Katherine had given serious thought to the differences between female and male concussions. So when the Nantz firestorm erupted a few months later, Katherine sought to validate those cries. Launching the Pink Concussions website and providing social media outreach was the natural next step in bringing awareness to women's concussions. Katherine posted highlights of the scant research available on female concussions. She listed resources and guidelines for women who've been concussed. She interviewed

women and shared their head-injury stories. She connected with researchers, parents, and patients in the concussion community via the Twitter handle @PinkConcussions.

The response was promising but incomplete. Most doctors were still unaware of the emerging research setting women's concussions apart from men's. Katherine soon realized that raising awareness and rehashing past research wasn't going to cut it.

Her suspicions were confirmed when she was invited to speak at the Institute of Medicine and the National Research Council's Committee on Sports-Related Concussion in Washington, D.C., in the



ASK THE DOCTORS

Dr. Marsha Thompsen Gabriel, Ph.D., Oklahoma, Senior Neuropsychologist at Cook Children's Health Care System in Fort Worth, Texas, and Dr. Megan Adams Rieck, M.S., Ph.D., Iowa, Clinical Neuropsychologist at UnityPoint Health Physical Medicine and Rehabilitation Center in Cedar Rapids, Iowa, answer *The Key's* questions about the clinical side of concussions.

How does the medical community define a concussion?

DR. GABRIEL: A concussion results from impact to the skull or body causing acceleration/deceleration forces that produce biochemical changes in the brain. Symptoms include dizziness, nausea, vomiting, headache, irritabil-

ity, vision changes, and a decline in attention, memory, and speed of processing information.

If a person doesn't lose consciousness, could they still have a concussion?

DR. ADAMS RIECK: It is possible to sustain a concussion without a loss of consciousness. In

that case, it is common for a person to have an alteration in their consciousness often noticed as "seeing stars" and a loss of memory for the event.

Is a concussion always obvious right away?

DR. ADAMS RIECK: Since the signs and symptoms are subtle, a concussion can sometimes go unnoticed in the moment, especially during sports. With growing awareness about concussions, coaches, parents and athletic trainers are now instructed on how to assess and observe for signs and symptoms after an impact.

What kind of recovery does a person who has sustained a concussion go through?

DR. GABRIEL: Once symptoms resolve, the athlete can resume a light workout, gradually increasing the intensity and duration if he or she remains symptom free. Sometimes, headaches can linger. This

may be more common if the athlete has a history of migraines or if there is a family history of migraines. If headaches persist, the athlete may need to seek medical treatment.

What kind of support or aftercare does a person who has been concussed need?

DR. GABRIEL: For the first one to two days, physical, mental and emotional rest is needed. More recent research suggests that complete rest beyond the first couple of days is not necessary. Often secondary depression and anxiety can set in if the individual is too isolated. The school needs to be notified. Temporary accommodations may be needed depending on the symptoms. Extra time for assignments, the opportunity to rest briefly during the school day, receiving copies of notes, or brief individual re-teaching may be required. Protecting the athlete from the stress of coaches,

other athletes, and parents who may press the athlete to return to play may also be needed. The primary danger in returning to play too quickly is the risk of an additional concussion. Often, the recovery period if this occurs is prolonged.

Is there any way to prevent concussions? Do helmets and mouth guards help?

DR. ADAMS RIECK: Helmets, mouth guards and other equipment are not enough to prevent a concussion and they can only reduce risk by a small fraction. Most experts believe that a more effective way to reduce risk for athletes is to change the way we play and govern sports. For example, teams often limit full contact during practices of hockey and football. Youth soccer has banned heading for the youngest players. Coaches are encouraged to teach their athletes how to avoid unnecessary contact.

spring of 2013. She noticed that most of the research presentations included only a small section on differences in female concussions.

“Female concussions kept coming up throughout the event as side comments from presenters,” Katherine says. “They always noted that these female differences should be studied in more detail in the future, but never as the main study.”

Katherine told herself “the future” needed to be “the now.” Her goals shifted beyond social media outreach. Pink Concussions would work to encourage groundbreaking research focused on women and brain injuries, the increase in women’s vulnerability to concussions, the causes of injury and the delay in recovery time for concussed females of all ages. It would speak to not only concussions in women’s sports, but also to concussions sustained by women in the military and by women and children in domestic violence situations.

But, Katherine wasn’t sure how she’d go about doing that.

Being easily daunted isn’t her style, but taking on the scientific community as a layperson gave her some pause. Then inspiration—and determination—struck from an unlikely and unpleasant place: On New Year’s Eve 2014, Katherine was diagnosed with breast cancer. She spent the following 20 weeks undergoing chemotherapy.

“It gave me a lot of time to think,” Katherine says, laughing. “That was the upshot.”

Forget the traditional fever dream; Katherine had a chemo dream.

“I spent those weeks dreaming of putting together a conference focused on women and concussions. That’s what I wanted to do. I wanted to bring all of the people and research together in one place. It was kind of my Make-A-Wish moment,” Katherine says.

The moment soon had a date and a location: The Pink Concussions’ 2016 International Summit on Female Concussion and Traumatic Brain Injury would take place in February 2016, hosted by Georgetown University Medical Center.

“I parked my camper on this issue almost four years ago thinking that everyone was going to rush in and join me,” Katherine says. “Instead, I’ve just been sort of sitting in the space alone.”

Until now.

Within a day or so of announcing her conference and calling for research abstracts in June 2015, Katherine’s phone began to ring and her email inbox began to virtually bulge.

“It was really exciting to have doctors from prestigious institutions call me to ask, ‘Why isn’t my group invited to your conference?’” She scrambled to expand the agenda and meeting space to accommodate the interest. Katherine was flooded, in the best way.

“People don’t come to concussion-awareness events,” she explains. “The ones who do have a concussed kid and those are the three people in the front row who already know everything.”

Somehow, this conference was different and it attracted major star power. Katherine lined up keynote speeches from heavy hitters like Maj. Gen. Margaret C. Wilmoth, Deputy Surgeon General for the Army Reserve; Dr. Brian Hainline, Chief Medical Officer of the NCAA; and Briana Scurry, two-time women’s soccer gold medalist and 1999 World Cup champion.

When the conference opened on Feb. 27, more than 60 researchers and panelists from institutions like Harvard, Princeton, UCLA

and the National Institutes of Health met to discuss the symptoms, diagnosis and treatment of concussions in females based on current science and to plan future research on how females differ from males with regard to concussions in the realms of sports, domestic violence, accidents and military service.

Dr. Shannon Bauman, one of the panelists, is a sports physician who runs a concussion clinic in Barrie, Ontario. She presented data from a study of 207 male and female athletes who were evaluated at her clinic for physical signs of concussion. Dr. Bauman and her team found that female patients showed an average of 4.5 signs, compared with 3.6 for males.

“Females are reporting more symptoms, but they’re also objectively having more physiological signs of concussion,” Dr. Bauman told the group in her presentation.

Her data also showed that women take longer to heal from a concussion: Thirty-four percent of men and boys who came to her clinic finished treatment within two months, yet only 12 percent of concussions in women and girls improved in that same timespan. Instead, 35 percent of the women in the study were still experiencing symptoms six months or more after their injury.

At the summit’s end, the participants gathered to make recommendations on clinical practices and safety protocols that need to be researched and implemented to better understand women’s concussions, providing a ground-breaking roadmap to direct scientific research and to improve current treatment protocols.

Plans are already in place for the 2017 International Summit on Female Concussion and TBI to be held in March at Georgetown University.

Katherine hopes that the success of her conferences will give Pink Concussions the kind of public clout that will allow her to continue to connect researchers engaged in studying women and concussions, advocate for additional research into women’s concussions, and provide a respected space to discuss it.

“I was recently at a conference in New York City when I raised my hand to ask a question about female concussions,” Katherine says. “And the moderator said to me, ‘When women start playing football, we’ll all start looking at female concussions.’ So there’s still that attitude out there.”

It’s one of the reasons she rarely discusses her own concussions. She had her most recent concussion 10 days before our interview. She was getting into a friend’s Prius and at 6-foot-tall and accustomed to driving a large SUV, Katherine miscalculated and hit her head on the small car’s door frame.

“My concussions are very difficult for me to talk about,” Katherine says. “Women are judged differently in their impairments than men. Talking about my own brain injuries makes me feel vulnerable because I worry people won’t take me seriously or won’t fund what I do.”

And that’s critical. Because she wants to make it clear: It’s not that women are inferior or superior to men when it comes to concussions—it’s just that we’re different.

“What I’m working for is a widespread acknowledgment that female head injuries are different than male head injuries,” Katherine explains. “It’s the gender differences that will crack the code for how

YOU ARE NOT ALONE

We asked readers to tell us about their personal experiences with concussions and the responses flooded in. Here are just a few of the stories more than 50 members of Kappa Kappa Gamma shared with *The Key*.

“Each concussion was different, but I experienced bad headaches, nausea, sensitivity to light and sound, and difficulty concentrating and focusing. I felt awful during my recoveries. Missing class and getting behind on my work ended up causing a lot of stress down the line. I still get headaches and nausea if I’m doing work or watching too much television. I still cannot exercise without developing nausea and headaches and I can no longer watch 3D movies or anything too flashy without feeling ill.”

—**Emily Reinwald**, *Yale*, sustained four concussions as an NCAA field hockey player.

“The recovery process is awful and lonely. I was staring at a wall for two weeks because I couldn’t look at any screens, read, or have any mental stimulation at all. I remember my first half-day back at school and how everyone trying to talk to me and all the noise was just overwhelming and brought all of my symptoms back. I am usually one to push hard and work through recovery in order to return to the game and my activities, but you really cannot do that with concussions. Every time I tried to push myself I would end up weak, tired, and dizzy.”

—**Melissa Anecchini**, *Marist*, fell backward and hit her head on her high school’s gym floor during a volleyball game.

“At my high school, there was a stigma that surrounded people who got concussions about how they were weak or using it as an excuse to get out of things. I was a very academically oriented person in high school who took AP classes and got straight A’s. After my injury, I could barely read and process information on my own, let alone get good grades. My school performance really suffered for about a year. That’s the thing that really tore me apart inside because people thought I wasn’t trying when in reality, things just got 1,000 times harder and I was drowning in my course work.”

—**Jessie Jacob**, *South Carolina*, was concussed—twice in one day—while playing high school water polo.

we can most effectively treat—and maybe even prevent—brain injuries in both women and in men.”

There’s still a lot of work to do to crack that code. Emerging research shows that women and men do not concuss—or recover—in similar ways. According to the American Medical Society for Sports Medicine’s Position Statement on Concussion in Sport 2012, studies reveal that in sports with similar rules, female athletes sustain more concussions than their male counterparts and experience or report a higher number and severity of symptoms, as well as a longer duration of recovery than male athletes.

No one quite knows why pink concussions are different from blue concussions. Some preliminary studies point to differences in neck strength, blood flow in the brain, and hormonal differences that may impact not only the susceptibility to concussions but also the ability to recover.

For Katherine, the *why* question in all of this is important, but equally as important is the *what-does-it-all-mean* question.

“What I’m asking the medical community is this: If we know that women are profoundly different in their rate of being concussed, the severity of their symptoms and the length of their recovery, how can we have the same return-to-play protocols for men as we do for women?”

So far, the medical community hasn’t yet offered any of those gender-specific guidelines or protocols regarding female concussions. That’s because most of the emerging science and data has focused on men, revealing little about the impact brain trauma has on women.

It’s not for lack of interest; Katherine is making sure of that. More pointedly, it’s because of a serious dearth of women’s brains available to study. To date, the Concussion Legacy Foundation Brain Bank at Boston University’s Chronic Traumatic Encephalopathy Center has received 307 donated brains. Two-thirds of those are from former NFL players. Just four brains belonged to women.

“There are very few women who have agreed to donate,” Katherine says. “It’s a hard sell.” But it’s a necessary one. “If you don’t have females in your study, it’s a study where the results only apply to males,” she says.


To do her part, Katherine signed up five years ago to donate her own brain to the Brain Bank, where it will join the brains of more than 150 former athletes who have made the pledge, including Brandi Chastain and Dale Earnhardt, Jr.

“After a lifetime of concussions, I’d love for someone else to make good use of my brain when I no longer need it,” Katherine says.

The brain donation process is a time-sensitive matter. To make sure that her wishes are carried out successfully, Katherine carries a card explaining how and why to save her brain in case of her death.

In part, it reads:

I have agreed to donate my brain and spinal cord upon my death to the Center for the Study of Traumatic Encephalopathy at Boston University School of Medicine. In the event of my death, please immediately direct my next of kin to contact the donation coordinator, who is available 24/7, 365 days per year to arrange for timely tissue collection.

But that’s the least of what the card means. In many ways, it provides a roadmap that ensures Katherine a unique kind of afterlife—a way for her work to live beyond the limits of her lifespan, the ultimate triumph of mind over matter. 



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Kappas, do you work
in the digital economy?
Tell *The Key* about your
coding job or other STEM-
related career path.

thekey@kkg.org





TAKE NOTE

Finding Harmony

How Kirstin Maldonado's dream of becoming a Disney princess led to the founding of Grammy-winning a cappella group Pentatonix.

—By Rachel B. Levin

WHEN KIRSTIN MALDONADO joined a couple of high school friends in forming an a cappella group in the summer of 2011, she didn't have grand ambitions for it. Sure, the ultimate goal of the group—Pentatonix—was to compete in NBC's "The Sing-Off" that year. But for Kirstin, then 19 and fresh off her freshman year at the University of Oklahoma, the objective was more personal than professional. "I just really loved my friends, and that's the reason I did it," Kirstin says. She thought of the competition as a fun bonding experience but planned to return to OU for her sophomore year when it was over. A musical theater major, she had her sights set on a career on Broadway.

But Pentatonix proved to have electrifying chemistry. Their unique combination of vocal harmonies, bass rhythms and beatboxing allowed the five-member group to replicate electronic-driven pop songs by Katy Perry, Ke\$ha, and others—with no instrumentation. After their stunning finale performance of "Without You" by David Guetta featuring Usher, judge Sara Bareilles (one of

Kirstin's personal idols) told the group, "There's one word that describes you guys, and it's 'daredevils.' You guys take big risks and it always pays off big time." It certainly did: Pentatonix scored "The Sing Off's" championship title.

Though the prize included a recording contract with Sony Records in Los Angeles, Kirstin initially remained intent on returning to OU. "I was still on the page of, 'See you guys later! I'm going back to school!'" she says. Ultimately, however, she couldn't pass up the opportunity: A month after the competition, she put school on hold indefinitely, moved to Los Angeles, and joined her fellow Pentatonix members in a quest to see how far the group could go.

Five years later, Pentatonix has parlayed "The Sing-Off" win into something quite rare for an a cappella group: They've become bona fide pop stars. Though they were dropped from Sony Records, Pentatonix continued to build a following by putting out cover songs and medleys on their YouTube channel, which has racked up over 10 million subscribers. Online buzz led to a contract with RCA

COURTESY, RCA RECORDS

Records in 2014; they've now recorded six albums (2014's "That's Christmas to Me" went double platinum), picking up two Grammys along the way.

Kirstin, now 24, shares a Los Angeles apartment with her fiancé, Jeremy Michael Lewis, and their two Siberian Huskies, Olaf and Pascal (named for Disney characters). It's March, and things are busy: The apartment's living room has been turned into a makeshift photo studio for a beauty brand she's promoting,

and she's just been fitted for costumes for Pentatonix's imminent two-month U.S. and European tour to promote their new self-titled album—which debuted at No. 1 on the Billboard 200 chart and breaks from their previous albums of cover songs. "We're doing all our original songs. It feels very fresh and fun!" she says.

Yet even in the midst of this astonishing success, Kirstin talks about Pentatonix as more of a fabulous detour than a final destination. "The path that I had

planned out for myself was kind of thrown off kilter, obviously in a really great way," she says. Since Pentatonix took off, she's often struggled to harmonize two dissonant realities: her utter delight at the group's incredible opportunities and the difficulty of holding onto her own "voice" as a young woman maturing in the spotlight.

Kirstin began singing as a little girl. "I was a Disney nerd and listened to my mom's music and was just always singing, singing, singing," she says of

her childhood in Fort Worth and Arlington, Texas. Kirstin was mainly raised by her mother, and the two shared a musical bond that included love for strong female vocalists like Jennifer Lopez and Celine Dion.

At age 8, when her mother married (briefly), Kirstin landed her first singing gig: She sang "From This Moment On" by Shania Twain at the wedding. When Kirstin finished the performance, she says, "Everyone was like, 'Whoa! I think she's really great. Is she in singing lessons?'"

She wasn't. But the recognition of Kirstin's raw talent prompted her mother to sign her up for them. "My mom is the one that supported me through everything," says Kirstin. "She's the one that took me to voice lessons, paid for everything. She's just so selfless and gave up everything for me."

Voice lessons led to roles in local musical theater productions, and by high school Kirstin was performing in show choir and in a theater company, all while maintaining excellent grades. Her achievements landed her a full-ride National Hispanic Scholarship to OU. While her freshman year academic and performance schedules were rigorous, she loved pledging Kappa because it widened her social circle with friendships that endure to this day. "The [musical theater] program I was in was so busy that if I hadn't been a Kappa, I wouldn't have ever met anyone else," she says.

Leaving the safe space of college life for Los Angeles, however, brought numerous challenges. "I didn't get that



Kirstin Maldonado of Pentatonix performs at The Austin360 Amphitheater in Austin, Texas.

© RALPH ARVENSEN

“My mom is the one that supported me through everything, she’s the one that took me to voice lessons, paid for everything. She’s just so selfless and gave up everything for me.”

four-year ‘mess-up’ [time] in school,” she says. Instead, she had to find herself through “mess[ing]-up’ in real life.”

Navigating the social terrain of Los Angeles initially caused her some distress. “I feel like it’s easy, especially with this kind of job, to get caught up a lot in your surroundings,” she says. “The times I tried to be cool were the times life was just kind of silly and a mess.”

But last year, she says, “I had a turning point in my life.” She deliberately dialed down the socializing and went inward to take stock of how her present was aligning with her dreams for the future. “I kind of had a moment where I was like, ‘Am I doing things that will lead me there? And do I really know myself?’”

To gather her thoughts, she started a blog that became a venue for her to articulate who she was and what she believed in. She found that being honest about her struggles with self-doubt was not only therapeutic, but that it also connected her to fans who felt similarly. It armed her with a new sense of purpose: to be a strong role model for younger girls working through self-esteem issues. “I just want to be the voice of ‘Hey, everyone goes through that. Don’t stress out!’” she says with a tone of levity that belies what has clearly been a

heartfelt struggle.

The blog sparked other avenues of creativity as well. She started an online store to sell art, clothing, and accessories with personal resonance, like delicate rose gold necklaces with pendants in the shape of the Venus symbol. “It’s a nice little reminder that you are beautiful and you are strong,” she says. “Obviously, I have to remind myself of that daily.” (On her right wrist, she has a tattoo that says “Philippians 4:13,” referring to a Bible verse that reads, “I can do all things through Christ who gives me strength.”)

Kirstin’s reflective year has paid off for her music, too. With the songs “Water” and “Take Me Home” on Pentatonix’s latest album, Kirstin has scored her first songwriting credits—something she wants to continue to pursue.

And her ultimate career goal has become crystal clear. Though in younger days she envisioned aiming for Broadway or bust, Kirstin now sees wider possibilities. “I really respect Idina Menzel’s career because she’s been on Broadway, in movies and TV, and she was a Disney princess,” says Kirstin. “I hope that I can have a career like that. I also would love to be a Disney princess!”

This February, she got close to doing just that. She and boyfriend (now fiancé), Jeremy—a social media marketer who also previously competed on “The Sing-Off”—released an a cappella “Disney Love Melody” in which the two sing sweet duets like “You’ll Be in My Heart” from “Tarzan” and “I See the Light” from “Tangled.”

Kirstin’s circuitous path has ultimately led this self-professed Disney nerd back to her childhood dreams.

MAKE A note



Hot Ticket

OCT. 17–18

The **Dallas Alumnae Association's** annual Tablescape event has raised over \$2.5 million for 78 beneficiaries. This year, interior designer Jan Showers will be the guest speaker and proceeds will benefit Advocates for Community Transformation, Austin Street Center, Connection Point of Park Cities, For the Nations Refugee Outreach, Interfaith Family Services, Mercy Street, MD College and Career Pathways and the Kappa Kappa Gamma Foundation. www.kappadallas.org.

Building Your Digital Brand Webinar

NOV. 8 AT 9:00 P.M. EST ON KAPPA.ORG

Even the savviest women can get caught in a social media faux pas. Get tips on how to create and manage your personal brand to help with job hunts, business relationships and more. Hosted by Catherine Roebuck Mace.

Kappa Leadership Conferences

SAVE THE DATE FOR 2017

Pittsburgh: March 24–26 ; Atlanta: March 31–April 2
San Jose: April 7–9 ; St. Louis: April 21–23
More info coming soon!

IN brief



MESSAGE FROM THE PRESIDENT

It Takes a Team!

Delegates of the 71st Biennial Convention made history by adopting revisions to Kappa Kappa Gamma's Fraternity *Bylaws* and *Standing Rules* aimed at restructuring the organizational model to sustain Kappa into the future. Under the new structure, 14 districts (instead of provinces) are designated by Greek letter. Each District Director oversees 11 Content Specialists, who assist alumnae associations and chapters in specific areas of operations. Content Directors are subject-matter experts charged with developing programming and education. We're confident that we—strong, intelligent, capable women of Kappa Kappa Gamma—can work together during this transition to achieve a relevant organization for future generations of sisterhood. Learn more about the new structure at www.womenwhokappa.org.

—**Beth Uphoff Black**, Illinois Wesleyan

CHAPMAN

A Fulbright Fleur



Ashley Barba, a 2016 graduate from Chapman University and a charter member of **Eta Sigma Chapter**, was awarded the prestigious Fulbright Scholarship from the U.S. Bureau of Educational and Cultural Affairs in 2016.

Throughout her time at school, she has a kept service a priority despite working three jobs, being a member of Chapman University's cheer-leading team and serving on Eta Sigma's academic board.

During her first year of college, she traveled to Nicaragua with Global Medical Brigades, an international nonprofit organization helping communities achieve health standards. Ashley spent her time teaching children how to brush and floss their teeth (most had never seen a toothbrush) and traveled back to Nicaragua for nine days this May. She also studied abroad in Australia in fall 2014.

"Helping others gives me joy and is what I want to do for the rest of my life," Ashley says.

In October 2015, she applied for the Fulbright Scholarship, one of the most well known international exchange programs in the world, and received the award in March 2016. The Fulbright Program awards about 1,600 grants to U.S. students each year and their programs are active in over 155 countries. As a Fulbright Scholar, Ashley

will be traveling to Boskovice, Czech Republic, as an English Teaching Assistant.

Ashley's goal is to become a special education teacher and she said this experience will allow her to become a more versatile and collaborative educator.

"I believe the ETA [English Teaching Assistant] program will help make me an exceptional educator and a more diverse administrator. I cannot wait to immerse myself in the Czech culture and learn about their customs and traditions," Ashley says.

—**Lauren Every**, Ohio State

BATON ROUGE

Meet You at the Treehouse

Gwen Drain Graves, *LSU*, hosted the **Baton Rouge Alumnae Association** in her treehouse, built by Pete Nelson and featured on "Treehouse Masters" on Animal Planet. "The treehouse made you feel like a kid again. We even had 80-year-old Kappas up there," says **Barbin Caldwell Graham**, *LSU*, Baton Rouge Alumnae Association President. "The turnout was our best in years. It was an incredible evening catching up with Kappa sisters."

WASHINGTON, D.C.

RIF's 50th Birthday

Reading Is Fundamental turned 50 years old in 2016 and celebrated with a black-tie gala in Washington, D.C., on May 5, 2016, at the Four Seasons Hotel. Fraternity President **Beth Uphoff Black**, *Illinois Wesleyan*, and then Philanthropy Chairman **Carol George Sanders**, *Cal. State Northridge*, attended the gala along with **Carolyn Byrd Simpson**, *Texas Tech*, a longtime Kappa volunteer and child advocate who is now serving on RIF's board.

At the gala, Kappa was recognized as one of RIF's Legacy of Literacy Award honorees.

Since 1966, RIF has provided 412 million books to 40 million children in need. Kappa has partnered with RIF for 12 years. During that time, associations, chapters and individual members have donated more than \$661,000, enough to supply underserved children with more than 220,000 books.

RIF has developed a book collection inspired by Kappa, incorporating themes and content based on our Fraternity colors and symbols. Check it out at www.booksources.com/rifkkg.



PRESIDENTIAL SELFIE

The First Family Visits Yosemite

Alejandra Guzman, *UC Merced*, (right) was hired as a park ranger at Yosemite National Park this year and, in June, welcomed a special family to her workplace. President Obama and the First Lady made a trip to Yosemite, becoming the fifth president to visit the park while in office and the first to visit since JFK. President Obama assisted Ale during an educational program for fourth graders and then posed for the selfie of a lifetime.

FROM LEFT: COURTESY ETA PHI CHAPTER; AL GOLUB/NPS



BID DAY

Neon '90s

Just two years old, **Eta Phi Chapter, Elmhurst**, became the largest chapter on campus with this Bid Day planned by Membership Chairman Megan Davis (now Chapter President) and New Member Chairman Becca Vogt (now Vice President-Standards).

Key

ACHIEVEMENTS

Luanne Isom Mills

WASHINGTON. Indoor rowing champion Luanne Mills is the world record holder in her division for the age group 75–79. The retired schoolteacher began rowing for its health benefits and has 16 first-place trophies (she finished second one time).

Catherine Meehan Barner

WASHINGTON UNIV. (St. Louis) An architect, Cathie is vice president of projects and

stewardship for the Golden Gate National Parks Conservancy, where she oversees a 60-person team that manages design and construction of more than 80,000 acres of Northern California coastline. The myriad projects she has directed in her 20 years with the conservancy include restoring buildings and gardens at Alcatraz, Presidio and the Muir Woods national monument. Approximately 15 million people visit the Golden Gate Recreation Area annually.

Marie McNeely

OHIO WESLEYAN. A self-proclaimed “scientist on a mission,” Marie McNeely created the podcast “People Behind the Science,” to show the human side of science with a weekly interview with a scientist. The podcasts focus on what motivates scientists and how they deal with and overcome challenges. To get inspired about science, visit www.peoplebehindthescience.com.

Cynthia Epler

MICHIGAN. The Defense Intelligence Agency’s Deputy Division Chief for the United States Central Command (CENTCOM J2), Cynthia Epler was awarded the Joan A. Dempsey Mentorship Award, part of the 2016 Intelligence National Security Alliance’s Achievement Awards. Cynthia was one of six selected from 70 nominations. Recipients are outstanding midlevel professionals who support the United States’ security mission. Cynthia’s area of responsibility includes the Middle East, North Africa and Central Asia. She has been deployed two times to

Afghanistan upon request from U.S. commanders serving in the field.

Kathie Tovo

NORTH CAROLINA. From neighborhood advocate to Mayor Pro Tem, Kathie Tovo works hard for the citizens of Austin, Texas. Kathie was the only member of the Austin City Council re-elected when a structural change was made to the council, now elected by geographic districts. Kathie represents District 9 and advocates for issues ranging from affordable housing and solutions for the city’s homeless population to a future sobriety center (alternative to jail). She supported an initiative that will provide Austin police with body cameras and iPhones.

Miranda Harrison-Quillin

FLORIDA STATE. Miranda will spend a year in London with the Archbishop of Canterbury living, working and praying in a monastic community called the Community of St. Anselm. The archbishop invited young people ages 20 to 35 from all over the world to apply to join the community for a year. Sixteen people were chosen as residential members of the community and Miranda will be part of the second year.

Sarah Feinberg

WASHINGTON AND LEE. Sarah heads up the Federal Railroad Administration, a post she assumed in 2015 when she was nominated by President Obama. The FRA works to ensure the safe, reliable and efficient transport of people and goods over the U.S. rail system. Since taking the lead role, Sarah has advocated for electronically controlled braking systems, established a task force on grade crossing safety and worked with Google and other mobile mapping services to integrate rail crossing data that will allow



LOYALTY AWARD

PATRICIA COFFEE GESELL

PENN STATE

At the 2016 General Convention in San Diego, California, Patty received Kappa Kappa Gamma’s highest honor, the Loyalty Award. Patty has served the Fraternity in many roles and is a mentor who connects with today’s college student in her roles as Kappa’s National Panhellenic Conference Delegate as well as the Northeast Greek Leadership Association Board. Congratulations, Patty!



VENIT, VIDIT, VICIT

ANNE POWER

HARVARD

If you've never thought about watching a Latin oration for fun, **Anne Power** will change your mind. Anne was the 2016 Latin Salutatorian at Harvard's commencement in May, where she delivered the first speech of the day, traditionally delivered in Latin. Anne was selected after two auditions to give her speech, titled "Thesaurus Linguae Harvardianae," which can be found on YouTube.

visual and audio warnings at crossings. She has been on site after major rail incidents and works with states, cities and local officials to improve rail safety.

Melissa McLawhorn Houston

OKLAHOMA. Melissa serves as the Labor Commissioner for the state of Oklahoma, a position she was appointed

to by Oklahoma Governor Mary Fallin. Melissa supervises the enforcement of labor laws, workers compensation, Occupational Safety and Health Administration and child labor laws as well as safety and licensing for welding and boiler operations. Previously, Melissa was chief of staff for the Oklahoma Office of Homeland Security and chief of staff for the Oklahoma Attorney General.

Carly Freels

TEXAS A&M. Volleyball player. New Member Chairman. Education major. Cancer survivor. And now Carly can add published author to her young résumé. When Carly was diagnosed with cancer as a high school junior, she relied on her faith, wrote in a journal and saved the letters of inspiration she received from family and friends. She compiled these sentiments into a memoir, *When Faith > Fear*, which her **Epsilon Rho**, Texas A&M, sisters have said can give strength and hope to anyone facing cancer as well as advice for friends.

Lisa Falzone

STANFORD. If you've ever eaten in a restaurant or shopped at a retail outlet that used an iPad to check out, there's a good chance the transaction used Revel Systems, founded by entrepreneur Lisa Falzone, its CEO. Revel, which helped create the iPad point-of-sale market, is valued over \$500 million, has more than 400 employees and over 20,000 iPad POS terminals with clientele such as Goodwill and Cinnabon. Lisa founded the company just three years after graduating from Stanford with a degree in history.

Sallie Tillman Rainer

LSU. President and CEO of Entergy Texas, an electric utility serving over 430,000 customers in Southwest Texas, Sallie was named one of Greater Houston Women's Chamber of Commerce's Breakthrough Women in April 2016. Under Sallie's leadership, Entergy Texas was named J.D. Power and Associates' Best in Class two years in a row and Site Selection magazine's Top Utility in Economic Development. Over the last four years, she has overseen transmission additions and improvements to the company's power grid, an initiative totaling more than \$173 million.

Michelle Albert Vachris

WILLIAM & MARY. Professor of economics at Christopher Newport University, Michelle has published *Pride and Profit: The Intersection of Jane Austen and Adam Smith*, which draws a connection between Smith's *Theory of Moral Sentiments* and Jane Austen's stories. The book asserts that by reading Austen, we can learn about Smith's moral philosophy. Michelle and co-author Cecil Bohanon also explain how the economics of Smith's and Austin's time, with respect for business activity, made possible the rise of the middle class.

Kate Pohl Dopirak

ALLEGHENY. Kate's debut children's book, *You're My Boo*, celebrates the ups and downs of childhood and the unconditional love of family through the story of a sweet fox family. Lyrical, funny and full of wordplay, *You're My Boo* will keep kids rhyming along to the last page. Kate is a certified K-6 teacher and reading specialist. *You're My Boo* was published in March 2016 by Beach Lane Books. Her next book, *Snuggle Bunny*, will be published in spring 2017.

Alice Henderson Rampton

OREGON. Together with Nikki King, Alice has published a book titled *Finding Life After Losing One: A Parent's Guide for When a Child Dies*. Alice's firsthand experience in dealing with the death of her 20-month-old child in 1986 led her to bond with Nikki King, whose daughter died in a car accident in 2012. The two friends worked through questions such as "Will I ever be happy again?" to "How do you even manage to smile?" And, "When will the hurt go away?" Each chapter begins with their writings and ends with suggestions from the more than 20 sets of parents they interviewed.

STEPHANIE MITCHELL/HARVARD STAFF PHOTOGRAPHER

IN memoriam

* Adelphi College

Stoehr, Rosemary Boylan, '39, d. 2/16
Suter, Virginia Wood, '38, d. 12/14

* Adrian College

Linder, Olive Goman, '37, d. 12/08
Pellowe, Mary Lou Lutz, '42, d. 3/15

Akron, University of

Derry, Meredith Dodge, '47, d. 1/16
Carney, Grace Lee, '21, d. 11/74
Kaufhold, Jacqueline Kelly, '57, d. 2/16
Kemp, Suzanne Carpenter, '47, d. 1/16
Reece, Jane Cullen, '52, d. 5/14
Whiting, Ann Baldwin, '56, d. 3/15

Alabama, University of

Fenn, Nellie Gray, '38, d. 2/07
Gambrill, Rosalie Noland, '42, d. 11/08
Harman, Dorothea Main, '36, d. 10/02
Harrison, Marie Waller, '62, d. 2/15
Jamison, Rainer Lamar, '66, d. 3/16
Little, Marcia Penfield, '52, d. 2/16
McNeely, Sally Haas, '56, d. 10/15
Nicholson, Jane Nicrosi, '33, d. 12/04
Oliver, Judy Parker, '49, d. 7/14
Simpson, Virginia Gray, '45, d. 9/98
Weatherly, Jean Bagley, '56, d. 3/16
Wilkins, Lynn Curran, '52, d. 3/16

Allegheny College

Lord, Florence Sells, '38, d. 1/16
Lanier, Karen Knippenberg, '69, d. 8/98
Moore, Marjorie Hughes, '42, d. 3/16
Philson, Dorothy Magee, '42, d. 9/15
Poulson, Joan Walker, '55, d. 2/14
Towry, Juanita Stock, '40, d. 1/16

Arizona State University

Morris, Judith Fierro, '67, d. 12/15

Arizona, University of

Applewhite, Eleanor Cox, '26, d. 4/98
Barkley, Kathryn Kinney, '33, d. 2/80
Bowman, Betty, '36, d. 10/73
Bush, Anne Pace, '20, d. 7/89
Cheshire, Mary Davis, '25, d. 4/87
Davis, Eleanor Winsor, '24, d. 4/95
Kelly, Jane Peel, '33, d. 4/04
Lewis, Isabella Caldwell, '28, d. 3/99
Mathews, Zella Jay, '20, d. 5/79
Moore, Sarah Hart, '68, d. 2/16
O'Brien, Patricia Heck, '44, d. 12/15
Ronstadt, Sally Ewing, '31, d. 12/94
Smith, Marilyn Lawson, '53, d. 2/16
Starr, Elizabeth Piper, '31, d. 2/94
Tinker, Janice Humbert, '39, d. 6/98
Warnock, Mary Phelps, '30, d. 12/05

Arkansas, University of

Canada, Janet Tarpley, '59, d. 6/08
Carnes, Jo Belle Reed, '44, d. 5/14
Dickinson, Anne Spencer, '33, d. 12/01
Gillison, Diane, '63, d. 11/15
Hicks, Virginia, '46, d. 12/14
Ray, Gloria Phillips, '48, d. 12/15
Reichardt, Georgia Lee, '27, d. 12/85
Roberts, Anne Smith, '53, d. 2/16
Rowan, Ann Mitchell, '41, d. 11/80
Stevenson, Florence Byrd, '42, d. 1/16
Thompson, Anna Rife, '31, d. 12/97
Thrasher, Mary, '26, d. 6/98
Ward, Winona Brown, '54, d. 9/10

Baylor University

Browder, Anne Clarke, '78, d. 12/10
Johnson, June Page, '77, d. 3/16
Mosley, Evelyn Aderhold, '79, d. 2/16
Parker, Katharine, '01, d. 6/14
Snelling, Kitty Turner, '77, d. 1/16

* Boston University

Speck, Miriam Partridge, '22, d. 10/95
Theroux, Margaret Anderson, '50, d. 1/16
Whiteley, Martha Farnsworth, '24, d. 8/88

British Columbia, Univ. of

Cawker, Susan, '75, d. 11/15
Gilley, Patricia Boulton, '44, d. 4/14
Keys, Helen Mc Lean, '52, d. 1/16
Kirschenbaum, Athalie Frasier, '48, d. 11/15

Bucknell University

Mills, Jeanne Melis, '61, d. 2/16
Mitchell, Joanne, '50, d. 2/14
Raup, Eleanor, '48, d. 1/16

Butler University

Bradford, Suzanne Edwards, '35, d. 12/14
Clay, Helen Root, '38, d. 8/14
Douglas, Anita Pearson, '47, d. 5/13
Hill, Betty Dorward, '36, d. 12/05
Hodson, Norma Shuttleworth, '27, d. 2/00
Peglow, Sally Turner, '54, d. 1/16
Weimer, Elizabeth Kuss, '39, d. 10/00
Wray, Gloria Tuerk, '49, d. 2/16

California State University, Fresno

Blackburn, Patricia Hardin, '56, d. 2/16

California, U. of, Berkeley

McShane, Terry Ehmann, '57, d. 3/16
Melin, Ruth Rochford, '11, d. 8/91
Page, Georgia, '59, d. 1/15
Volberg, Joan Chickering, '52, d. 1/16
Wood, Frances, '46, d. 5/14
Wood, Georgia Korbel, '44, d. 10/15

California, U. of, Los Angeles

Buck, Jean Marvin, '43, d. 2/16
Munroe, Helen Adams, '25, d. 6/87
Tookey, Nancy Dowling, '48, d. 10/14
Whitaker, Frances Belden, '36, d. 12/15

Carnegie Mellon University

Monsour, Cicely Nicely, '44, d. 12/15

Cincinnati, University of

Calder, Carol Bell, '53, d. 2/15
Jeneson, Else Heidt, '33, d. 3/15
Kear, Grace Schroetter, '35, d. 11/15
Mook, Yvonne Biggs, '40, d. 1/16
Strautman, Gloria Decker, '44, d. 2/16

Clemson University

Hunter, Kathryn Leib, '81, d. 3/16

Colorado College

Dearborn, Stena, '32, d. 5/79
Dyatt, Elizabeth Brown, '32, d. 2/95
O'Malley, Martha Murray, '32, d. 11/00

Colorado State University

Mitchell, Janet Wood, '65, d. 2/16
Rose, Priscilla Clark, '58, d. 2/16
Schreiber, Barbara Hjelm, '57, d. 3/16

Colorado, University of

Bourke, Judy Hilliker, '43, d. 3/15
Briggs, Ellen Olsen, '58, d. 1/16

Christensen, Virginia Guthrie, '20, d. 5/97
Galvin, Anita Gehrke, '55, d. 2/16
Gower, Marilyn McCabe, '44, d. 11/15
Holmberg, Margaret Elliott, '49, d. 2/06
Key, Marcia Holliday, '36, d. 3/16
Owsley, Sue Slaybaugh, '56, d. 11/15
Pryce, Joan MacClurg, '52, d. 8/14
Pryor, Phyllis Brinton, '37, d. 11/15
Robinson, Joan Breckenridge, '47, d. 12/14
Sansoe, Sandra Dalporto, '69, d. 9/14

* Connecticut, University of

Bardwell, Helen Hinman, '46, d. 8/15
Hall, Priscilla Spence, '42, d. 12/15
Homnick, Nancy Foisy, '53, d. 7/14
Zaumseil, Dorothy Mravunac, '50, d. 12/15

Cornell University

Drumm, Elizabeth Clark, '50, d. 3/16
Freiberger, Betsy Wade, '49, d. 3/16
Murrell, Beverly Robertson, '54, d. 12/14

Denison University

Christensen, Allyne Snyder, '33, d. 2/04
Durham, Janet Davis, '49, d. 3/16
Evans, Beverly Fall, '50, d. 11/15
Hanna, Margaret, '49, d. 5/09
Hunsberger, Julia, '60, d. 2/16

DePauw University

Anderson, Nancy Filkey, '49, d. 11/15
Calvert, Esther Jones, '21, d. 1/95
Clark, Barbara Noaker, '46, d. 10/15
Green, Jean Bemenderfer, '34, d. 9/00
Johnson, Jean, '65, d. 11/15
Moffatt, Virginia Henry, '21, d. 9/94
Smith, Nancy Alling, '44, d. 2/16
Tharp, Melinda Siebert, '67, d. 11/15

Drake University

Botz, Dortha Johnson, '26, d. 7/88
Cowan, Helen Leach, '38, d. 10/02
Moxley-Staab, Regina Schultz, '58, d. 1/16
Myers, Anna Tessedell, '37, d. 9/04
Weitz, Diane Rix, '55, d. 6/14
Wennerstrum, Barbara Brookman, '47, d. 1/16

Duke University

Stone, Ivey Courtney, '38, d. 11/15

George Washington University

Boyle, Olive Reed, '36, d. 12/10
Legerton, Emmy Capps, '46, d. 11/15
Richardson, Diana Woodall, '49, d. 8/15
Stuart, Patricia Morgan, '47, d. 4/14

Georgia, University of

Barron, Anne West, '53, d. 8/15

Hillsdale College

Almendinger, Sandra Evans, '55, d. 2/16
Barlow, Cleota Hedde, '25, d. 5/92
Brown, Joan Schoen, '49, d. 12/15
Dobberteen, Caroline Nesler, '32, d. 2/01
Moore, Luallen Beck, '42, d. 6/98
Stickney, Dorothy Freeman, '31, d. 11/15
Thomas, Carolyn Narrance, '32, d. 3/85
Van Blyenburgh, Rosemarie Chokan, '48, d. 3/16
Wise, Phyllis Rager, '50, d. 1/16

Idaho, University of

Arrien, Angeles, '60, d. 4/14
Hicks, Marcia Ellis, '55, d. 12/14

Holmes, Kelly, '78, d. 12/15
Kemery, Evelyn Thomas, '43, d. 1/16
Ryan, Juliette Ward, '63, d. 6/02

Illinois Wesleyan University

Biddle, Marietta Laing, '41, d. 3/16
Crabtree, Geraldine Rhodes, '29, d. 12/93
Gelhaar, Cathie Bernotas, '60, d. 11/15
Gipson, Jeanne Metzger, '47, d. 11/15
LaRocque, Geraldine, '44, d. 2/16
Rieder, Floy Crabtree, '31, d. 7/92
Stiffler, Beth Mackey, '41, d. 12/15

Illinois, University of

Craig, Cory, '06, d. 12/12
Eastman, Susan Howarth, '54, d. 3/16
Kauffman, Jean Torian, '40, d. 1/07
Meek, Barbara Wynn, '40, d. 12/15

Indiana University

Beatty, Bette Stewart, '38, d. 9/99
Burdick, Elizabeth Wulfman, '41, d. 12/15
Geitmann, Verence Townsley, '37, d. 2/14
Mann, Mary Joan Bishop, '47, d. 12/15
Philbrick, Doris Bollenbacher, '35, d. 7/15

Iowa State University

Dressel, Phyllis Shaw, '50, d. 12/15
Leverett, Margaret Wallace, '47, d. 1/16

Iowa, University of

Bennett, Barbara Dodge, '49, d. 2/16
Jones, Susan Evans, '35, d. 2/95
Reynolds, Sherry Prugh, '43, d. 3/16

Kansas State University

Allen, Marilyn St. John, '55, d. 3/16
Amis, Emily Downing, '28, d. 8/04
Considine, Dorothy, '36, d. 2/07
Eddy, Sara, '61, d. 3/04
Foster, Virginia Sidlinger, '35, d. 10/02
Harris, Jo Ann Barr, '49, d. 1/16
Luby, Mary Murphy, '35, d. 7/09
McGugin, Nancy Brady, '43, d. 11/09
Milleret, Miriam Hobbs, '44, d. 11/15
Peddycord, Charlene Warner, '45, d. 12/14
Sheldon, Marjorie Benson, '40, d. 1/16

Kansas, University of

Hoch, Nancy Delong, '56, d. 11/15
Jocelyn, Dorothy Gafford, '27, d. 2/82
Rumsey, Lorie Dudley, '55, d. 1/16
Schmidt, Peggy Chambers, '50, d. 1/16
Schroer, Anne Oliver, '71, d. 12/15
Sigler, Patricia Bigelow, '40, d. 6/13
Smith, Jerry Buhler, '40, d. 12/15
Wiley, Oma Hulse, '23, d. 5/90

Kentucky, University of

Borden, Mary Garner, '40, d. 11/96
Chorn, Sarah, '10, d. 11/64
Eggar, Isabella Marshall, '10, d. 9/74
Edmonds, Dolly Battaile, '10, d. 1/66
Ferrall, Louie Brown, '22, d. 2/86
Gildhart, Charlotte Willis, '16, d. 1/53
Harbison, Lulie, '12, d. 5/44
Hill, Katherine Mitchell, '12, d. 9/80
Kimbrough, Frances, '19, d. 8/55
Kuhns, Mattie Gregory, '24, d. 1/87
Lair, Mary May, '23, d. 10/82
Landrum, Rosa Talbert, '48, d. 10/15
Mason, Josephine Skain, '25, d. 5/92
McKee, Elizabeth Millard, '19, d. 11/94

Morse, Katherine Goodsight, '24, d. 10/99
 Pettyjohn, Esther Gilbert, '24, d. 11/59
 Pope, Mary Turner, '16, d. 8/70
 Prewitt, Edwina, '50, d. 12/15
 Smith, Miriam Botts, '21, d. 9/98
 Stuart, Josephine Evans, '19, d. 1/96

Louisiana State University
 Adams, Patricia Boyd, '56, d. 1/16
 Duplantier, Suzanne Payne, '64, d. 10/15
 Ethridge, Susan Griffon, '63, d. 3/16
 Hardy, Norma Mc Cook, '49, d. 11/13
 Joyce, Frances Baucum, '79, d. 1/16
 McCullough, Jhonette Walden, '44, d. 11/15
 Norman, Charlotte, '47, d. 2/16

***Manitoba, University of**
 King, Joan Plews, '40, d. 3/04

***Maryland, University of**
 Anderson, Barbara Hicks, '44, d. 12/15
 Michaels, Carolyn Clugston, '37, d. 11/08
 Renneberger, Linda Conover, '57, d. 11/15
 Scarborough, Alden Tucker, '38, d. 1/16
 Seward, Doris Kluge, '39, d. 6/05
 Smythe, Gai, '71, d. 9/15

Miami University (Ohio)
 Andrews, Dorothy Henrich, '47, d. 2/16
 Cooley, Rickie Yager, '56, d. 2/16

Miami, University of
 Debevoise, Ruth Rochow, '49, d. 10/15

Michigan State University
 Huston, Joy Stark, '50, d. 1/16
 Stickler, Lucy Tranter, '35, d. 1/05

Michigan, University of
 Culpepper, Marilyn Mayer, '43, d. 2/16
 Davis, Sharon, '67, d. 2/16
 Henderson, Elizabeth Adams, '51, d. 11/15
 Hilbert, Dorothy Graham, '60, d. 2/16
 Morgan, Frances Rice, '35, d. 2/16
 Ryan, Suzanne Wilson, '49, d. 2/16
 Smith, Dorothy Wilcox, '25, d. 11/01

***Middlebury College**
 Darnell, Jane Bunting, '52, d. 11/15
 White, Susan Blume, '65, d. 9/15
 Wiley, Pruda Harwood, '23, d. 10/68

Minnesota, University of
 Clark, Eileen Fowler, '29, d. 2/91
 Lynch, Madeline Rice, '27, d. 10/94
 McCarthy, Carolyn Beach, '12, d. 8/89
 Petraborg, Barbara Hough, '49, d. 12/15
 Strong, Dorothy Bleecker, '20, d. 9/81
 Thomas, Jean Adams, '34, d. 12/96

Mississippi, University of
 Bonnett, Sara Bogy, '59, d. 2/15

Missouri, University of
 Baldwin, Bettie Rodes, '43, d. 8/15
 Jabas, Alma Cowgill, '24, d. 1/87
 Johnson, Kathleen Gardner, '68, d. 2/16
 Latham, Patsy Bartlett, '18, d. 3/81
 Powers, Margaret, '24, d. 8/94
 Woods, Mary Donnell, '44, d. 1/16

Monmouth College
 Edmund, Dorothy Vonach, '43, d. 4/15
 Peterson, Marjorie Mann, '40, d. 11/99

Montana, University of
 Colberg, Patricia Stewart, '57, d. 12/15
 Luckman, Doris Peterson, '49, d. 12/15
 O'Kelly, Patricia Geagan, '39, d. 10/07
 Rhyeer, Susan Torian, '46, d. 9/92
 Stone, Gayle Davidson, '48, d. 12/15

Nebraska, University of
 Bickel, Jane Sawyer, '35, d. 10/15
 Fournier, Sheila Templeton, '55, d. 3/16
 Marvin, Lucile Gass, '17, d. 9/86
 Padbury, Mary Lou Ball, '39, d. 12/15
 Risko, Elizabeth Coad, '50, d. 11/12

New Mexico, University of
 Burns, Angela Loeffel, '55, d. 1/16
 Childers, Frances Nason, '39, d. 10/00
 Kahn, Janet Schultz, '67, d. 1/16
 Sedberry, Carolyn Nielsen, '55, d. 12/15

***North Dakota State University**
 Donovan, Kathleen, '52, d. 10/15
 Erickson, Ruth Baker, '33, d. 4/91
 Jennings, Kathryn Tharalson, '31, d. 5/90
 Vergari, Genevieve Lindemann, '41, d. 3/16

Northwestern University
 Casey, Ardean Alexander, '38, d. 11/14
 Heitman, Loyce Chase, '35, d. 9/15
 Powell, Paula Doane, '61, d. 3/16
 Soderstrom, Jennie Morison, '37, d. 4/15

***Ohio State University**
 Beem, Marjorie Renick, '48, d. 11/15
 Clark, Jane White, '38, d. 2/96
 Chastang, Ruth Bullock, '30, d. 12/15
 Griese, Margaret Hart, '42, d. 3/16
 Meckstroth, Emily Thompson, '42, d. 3/16

Ohio Wesleyan University
 Cummings, Elizabeth Gilchrist, '58, d. 2/16
 Herron, Josephine Townsend, '39, d. 1/16
 Newman, Marilyn, '49, d. 1/16
 Pierce, Caroline Watkins, '44, d. 2/16
 Stelhorn, Caroline Wertz, '30, d. 4/88

Oklahoma State University
 Clarke, Lynn Crockett, '54, d. 3/16
 Kalbus, Jane Whisler, '53, d. 1/16
 Larkin, Linda Skidmore, '57, d. 3/15
 Millican, Joanne Griffin, '60, d. 3/16
 Traub, Doris Hess, '48, d. 6/15

Oklahoma, University of
 King, Patricia Mc Dermott, '51, d. 2/16
 Milner, Addie Davis, '32, d. 3/16
 Osborne, Carol Cashion, '56, d. 12/15
 Paul, Gayle Duffy, '49, d. 12/15

Oregon State University
 Bailey, Joanne Bennet, '57, d. 1/16
 Frazer, Imolean Dearmond, '43, d. 11/15
 Gardner, Naomi Andrews, '46, d. 3/16
 Heinrich, Carolyn Courter, '57, d. 9/15
 Lidster, Miriam Bleamaster, '33, d. 9/97
 Olberg, Carolyn Ericksen, '67, d. 11/15

Oregon, University of
 Bonham, Betty Marquiss, '62, d. 4/12
 Hoak, Mary Hill, '46, d. 9/15
 Kelly, Mercedes Foley, '44, d. 3/16
 McCracken, Sally Moore, '47, d. 11/15
 Meek, Patricia Shea, '39, d. 7/95
 Puthuff, Dorothy Creath, '26, d. 10/02
 Semmens, Jane Weller, '57, d. 2/16

Tugman, Gerd Hansen, '42, d. 1/16
 Whitespunner, Rachel Griffiths, '29, d. 9/03
 Wilson, Suzanne Seley, '50, d. 6/15

Pennsylvania State University
 Jordy, Sally McCoy, '56, d. 11/15
 Martz, Vera Loomis, '33, d. 11/04
 McKown, Jeanne Young, '50, d. 2/16
 Simpson, Eleanor Skinner, '39, d. 1/12
 Van Arsdale, Mary Hyland, '43, d. 3/16

Pennsylvania, University of
 Bracken, Kathryn Keel, '66, d. 11/05

Pittsburgh, University of
 Marocchi, Anne Adams, '50, d. 2/16
 Miller, Caroline Nesbitt, '39, d. 6/97
 Wilson, Coramabel Short, '26, d. 2/94

Purdue University
 Burt, Carole Edwards, '55, d. 12/15
 Harkey, Joalyn Lyda, '44, d. 12/15
 Kavanaugh, Kathryn Gates, '41, d. 4/12
 Mehninger, Alli Cropper, '01, d. 3/16
 Nutting, Patricia Vernia, '50, d. 3/16
 Reed, Vivian Petersen, '39, d. 1/16
 Schneider, Beth Simpson, '45, d. 2/16
 Seraphine, Kay Haskell, '54, d. 12/15
 Storm, Louise Milligan, '49, d. 12/15
 Tharp, Alice Scoville, '28, d. 8/99
 Wolfe, Roberta Holbrook, '46, d. 10/15

***San Jose State University**
 Bowen, Georgene Lloyd, '49, d. 11/15
 Greulich, Beth Bartle, '49, d. 12/15
 Kellogg, Barbara Morton, '54, d. 12/15

Southern California, U. of
 Cunningham, Nancy Crane, '56, d. 1/16
 Lutter, Jocelyn Mays, '86, d. 12/15

Southern Methodist University
 Adams, Susan Biggers, '51, d. 2/16
 Collins, Calvert Keoun, '40, d. 1/16
 Godfrey, Jane Chambers, '52, d. 10/15
 Kendall, Jean Mosher, '52, d. 1/16
 Verhalen, Elizabeth Evans, '51, d. 2/16
 Wilke, Julia Kitchens, '51, d. 2/16
 Zaenglein, Carol Smith, '67, d. 2/16

St. Lawrence University
 Chidsey, Martha Smoot, '48, d. 12/15
 Dumville, Ann Graham, '40, d. 11/15
 Longley, Midge Watters, '44, d. 11/13

Syracuse University
 Scovell, Myre Williams, '38, d. 3/16

Texas Tech University
 Barr, Phyllis Reno, '55, d. 1/16
 Hall, Mary Shotwell, '74, d. 12/15
 Kent, Sydney Edwards, '59, d. 3/16
 Mackenzie, Moncure Carter, '53, d. 12/15

Texas, University of
 Box, Suzanne Lamaster, '60, d. 3/16
 Gulick, Jane Bluntzer, '45, d. 3/16
 Haney, Mary Cravens, '60, d. 2/16
 Hargrove, Nancy Kate Green, '69, d. 1/16
 Lummis, Doris Fondren, '48, d. 12/15
 Lyon, Mariann Wilson, '55, d. 3/16
 Mann, Patricia Ashley, '59, d. 7/99
 McGillicuddy, Sherma Pattillo, '55, d. 3/16
 Northrup, Merlyn Myers, '49, d. 2/16
 Phillips, Polly Chilton, '41, d. 1/16

Sanders, Lucia Nettle, '59, d. 10/98
 Sherrill, Mary Barnard, '21, d. 12/85
 Slaughter, Hallie Groos, '40, d. 12/15
 Whitney, Nancy Bivings, '55, d. 1/16

Toronto, University of
 Ness, Laurel Sanderson, '42, d. 1/16

Tulane University
 Weston, Mary Hannah, '47, d. 2/16
 Wilson, Katherine Lanier, '35, d. 5/93

Tulsa, University of
 Lefton, Jeanie Lawmaster, '62, d. 1/13

Utah, University of
 Mackey, Marjorie Warshaw, '39, d. 1/16
 Nielsen, Sherry Smith, '58, d. 1/16
 Parker, Corene Cowan, '47, d. 11/15

Vanderbilt University
 Smith, Abby Sheinbart, '76, d. 1/16

Washington State University
 Bass, Barbara Letellier, '42, d. 3/16
 Cody, Betty Frisch, '36, d. 6/03
 Correll, Theda Lomax, '25, d. 6/03
 Ferguson, Evelyn Cook, '30, d. 1/95
 Ott, Alleene Mills, '24, d. 4/89
 Peterson, Leann Loboda, '76, d. 1/16

Washington University
 Mueller, Jean Greenlee, '41, d. 5/12
 Phillips, Annette Barton, '58, d. 9/14
 Schexnayder, Leslie Beechler, '78, d. 12/15

Washington, University of
 Ancich, Barbara Horjes, '48, d. 12/15
 Fleming, Valerie Ellis, '34, d. 2/16
 Graham, Anne Unbewust, '50, d. 10/15
 Halbert, Ruth Glass, '31, d. 7/99
 Langenberg, Alice Chaplin, '29, d. 3/05
 O'Neill, Jean Blair, '39, d. 10/15
 Speer, Edna Mc Creery, '19, d. 10/95
 Tidmarsh, Helen Carmen, '21, d. 9/95

West Virginia University
 Bowling, Mollie Clifford, '51, d. 11/15
 Howie, Louise Gehrken, '48, d. 12/15

Whitman College
 Galloway, Diane, '66, d. 7/15
 Kelley, Margaret Ringrose, '66, d. 10/15
 Powell, Marbeth Sedgwick, '39, d. 12/15
 Sparks, Janet Bowman, '64, d. 1/16

William & Mary, College of
 Bain, Deborah Lewis, '72, d. 1/16
 Fox, Frances Shoff, '46, d. 12/15
 Hunt, Elizabeth Bridgeforth, '02, d. 1/16
 Scates, Elizabeth Sheild, '55, d. 12/15

Wisconsin, University of
 Carrier, Kay Larson, '53, d. 1/16
 Ehrlich, Phydelle Gourley, '35, d. 12/15
 Nelson, Barbara Scott, '36, d. 5/12
 Reiss, Ruth Wheeler, '29, d. 6/01

Wyoming, University of
 Cahill, Pauline Claver, '39, d. 12/06
 Lutz, Barbara Cruickshank, '36, d. 6/06
 Johnston, Margaret Hanson, '38, d. 2/16

Submitted Dec. 1, 2015, to March 31, 2016
 * Indicates inactive chapters.



remix

RIDE ON

Nothing says sweet summertime quite like grilling up some hotdogs. But, nothing says hotdog quite like Oscar Mayer's 27-foot long Wienermobile. First built in 1936, the Wienermobile has been driven throughout the U.S. promoting the brand and bringing smiles to traffic jams. In 1988, the company launched its "Hotdogger" program inviting college students and recent grads to drive the Wienermobile for one year. **Karen Hood**, *Tennessee*, and **Hannah Carlson**, *Missouri*, both had their time to relish behind the Hotdogger wheel.

Karen Hood
TENNESSEE, HOTDOGGER INAUGURAL
CLASS OF 1988 AND 1996



Hannah Carlson
MISSOURI, HOTDOGGER, 2013

<p>A sales rep visited campus but at the time it was hard to find people who would commit to a year because it was a new program and to my classmates it sounded kind of silly. I saw it as an opportunity of a lifetime.</p>	<p>How did you hear about the Wienermobile?</p>	<p>I heard about it because my friend had driven it the year before. I remember him posting about it and I realized that it was what I wanted to do. I was lucky because Oscar Mayer and the Wienermobile recruited on my campus.</p>
<p>One that was memorable (not sure I would call it my favorite) was a very tiny town called Booneville, Mississippi.</p>	<p>Favorite city?</p>	<p>I visited Seattle and I loved it and it quickly became my favorite city. Now, a few years later, I live in Seattle.</p>
<p>In 1988 they were built on a Chevy van. We drove four Wienermobiles around Manhattan in the summer and they weren't finished yet. It had no seats other than the driver's seat: They were undercooked.</p>	<p>How is the drive?</p>	<p>The Wienermobile was the only car I had that year. If I was off-duty and had to run to the grocery store, I had to take the Wienermobile. After a while it became normal.</p>
<p>It's a production when you stop—a clown-car fire drill when you get out of the vehicle. Once, I drove away while it was still "pumping" gas.</p>	<p>Funniest memory?</p>	<p>The funniest things were probably people trying to crack jokes that you've heard a million times.</p>
<p>Banana Republic—but it was not the Banana Republic we have now. It was adventure clothes—cargo shorts and polo shirts. Year eight was the infamous flight suit. It's red, yellow, and blue.</p>	<p>What were your uniforms like?</p>	<p>Black windbreaker pants and Wienermobile T-shirts. We also had a classy '80s-inspired windbreaker jacket with a big hotdog on the back. I still have them—I'll never let go of them.</p>
<p>Think big and don't be afraid to think big. 'Cause it's obviously big.</p>	<p>The takeaway?</p>	<p>You will never regret driving a hotdog.</p>

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-Mary Louise "Lou" Bennett Boyd

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