

the Key

Spring 2017
KAPPA KAPPA GAMMA

PAGE 24

The Deepest Cut

*Beginning again
when marriage ends*





1975

LOOKING BACK

Watergate is in full swing. The war in Vietnam is coming to a close. And somewhere in Evanston, Illinois, members of **Upsilon Chapter**, *Northwestern*, are going for the tricky third tier of a precarious human pyramid.

Divorce can take a toll on your self-confidence, but only if you allow it. We are proof that there is light at the end of the tunnel.

—Valerie Shepherd and Holiday Miller

Spring

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18 Life-saving luxury: How Akola is redesigning the lives of marginalized women in both the U.S. and Uganda.

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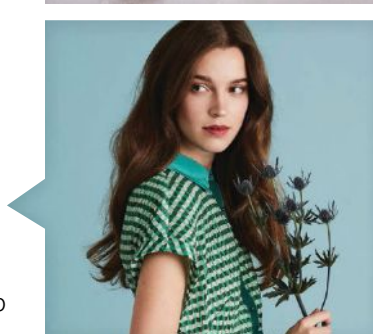
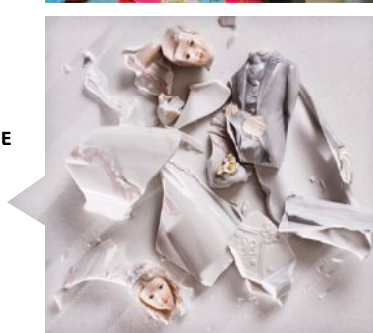
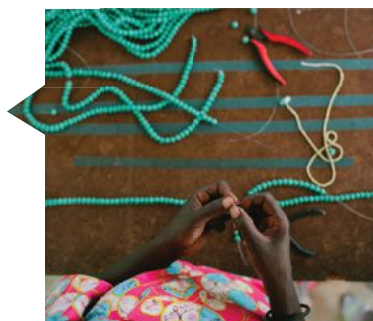
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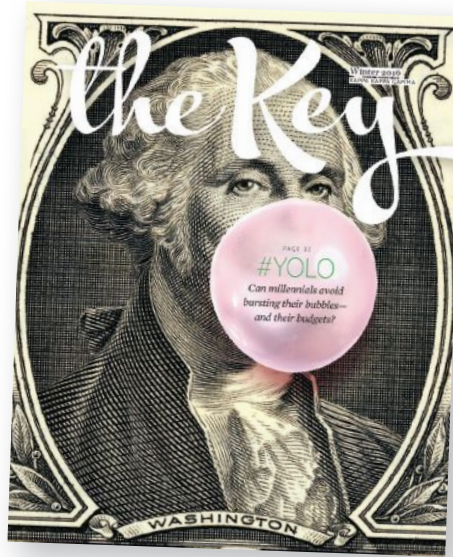
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COURTESY AKOLA; COURTESY LELA ROSE; DAN SAEHLINGER

FEEDBACK



I Can't Relate

Upon seeing the cover of the latest issue of *The Key*, my usual excitement for the magazine quickly turned to hurt. I was faced with an image that although I recognized, was unrelatable to me as a reader.

I AM CANADIAN AND ATTEND school in Montreal. Delta Delta Chapter is one of four Canadian chapters, a fact I feel is ignored by this month's issue. The image of Washington on the cover made me feel not only excluded from the Kappa sisterhood, but also forgotten as it is an iconic American symbol. I understand the intent was to visually represent budgeting, but I felt that could have been achieved in other, more inclusive ways. I have always enjoyed reading *The Key* and hope that future issues will include images and content relatable to all Kappas.

—**ABBIE SMITH, McGill**

They Are Not Pets

IN REGARD TO THE FALL ISSUE "Ask Clara": An emotional support animal is not a pet. An ESA lives at home and does not

accompany the person from place to place. Caring for this animal often enables the person to feel motivated, less depressed or anxious, and more able to connect with others. While dogs and cats are the most common type of ESA, other animals can provide emotional support if they can be appropriately cared for within the context of the dwelling.

With regard to service animals, trained dogs are the primary species of animal that may qualify as a service animal under the Americans with Disabilities Act. ADA regulations define "service animal" narrowly as any dog that is individually trained to do work or perform tasks for the benefit of an individual with an ADA-recognized disability. Unlike an ESA, a service dog accompanies the individual from place to place.

You cannot get an animal certified as an ESA; the human

has to qualify for the accommodation. Many people are confused by this, which is why I wanted to reply, in case there is the opportunity to help increase understanding.

—**JACARANDA MAWSON PALMATEER, Colgate,**
licensed clinical psychologist

Cover to Cover

I AM A 58-YEAR MEMBER OF Kappa Kappa Gamma. I want to share with you that I love the new format for *The Key*, Winter 2016. For many years, I have only looked at the "In Memoriam" column. I read, if not all, most of the articles in the issue. I even shared it with my daughter-in-law because she is dealing with ill, elderly parents. Congratulations on this exciting change.

—**ROBYN STEWART WILLIAMS, LSU**

theKey

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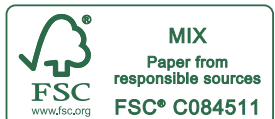
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You Get Me

AN UNCOMMON FRIENDSHIP

STORIES OF UNLIKELY FRIENDSHIPS OFTEN HAIL FROM THE animal kingdom: Charlotte and Wilbur, Pooh and Piglet, and Frog and Toad are some of my favorites. The cover of the book *Animal Friends* shows a yellow lab with birds on its head. Any of my dogs would have my chickens for dinner if given such an opportunity. But step out of books and into the real life wild kingdom of complex human friendships and you are talking a whole new game.

When **Valerie Johnson Sheperd** and **Holiday Rathbun Miller**, both *Florida State*, wrote to *The Key* a few months ago about their friendship, their story touched me.

Valerie and Holiday explained that they are both ex-wives of the same man (not at the same time). When Holiday was facing her first weekend alone during her divorce, she tentatively reached out to Valerie, who knew just what she was going through. The two formed an almost instant connection, a sisterhood based on mutual understanding and experience.

No one wants to be in this sisterhood (divorce), but when a woman finds herself there, she needs a support system, especially friends. Valerie and Holiday found their friendship so healing that they wanted to share it with other women who are going through the perils

of divorce. They co-authored a book, *The Ex-Wives Guide to Divorce*, which they permitted *The Key* to print an excerpt from on page 24.

Coincidentally, around the time we learned about the *The Ex-Wives Guide*, **Christel Turkiewicz**, *Colorado*, contacted *The Key* about writing an article for women going through divorce. Christel is a certified divorce financial analyst. After more than 20 years working in financial services, Christel went through a divorce herself and despite her background in finance, she felt overwhelmed at times. She decided to get certified as a divorce financial analyst so that she can financially advise women and men who are facing divorce. Finances can be the last thing a person wants to deal with, but it is too important to neglect. Christel provides great tips on page 27.

It's not something I talk about often, but I, too, went through a divorce and even though I had practiced domestic law, I found myself unprepared for what I had never expected. It may sound naive but sometimes those in the profession can be the least suited to help themselves. Fortunately, I had a support system and friends who were there for me, because every Pooh needs a Piglet (and tea with honey): "I don't feel very much like Pooh today," said Pooh. "There there," said Piglet. "I'll bring you tea and honey until you do." —A.A. Milne

Kristin

—**Kristin Sangid**, EDITOR



SECOND ACT

Janet Guthrie Lynn, *Oklahoma State*, rediscovered her passion for art after losing two businesses and two homes in hard economic times. She had previously been an illustrator working in advertising, a career she had stepped away from, but she missed the art. Janet began "playing around with wire and beads," making symbols she loves—crosses, fleurs-de-lis and stars. Janet shares her designs on Facebook at CrossLynn Designs.

More often than not, the mixing process rules out what I don't want the end product to smell like.

— Shelley Westover Callaghan

CO-FOUNDER OF
ANTICA FARMACISTA



THE
mIX

Shelley's creative nose leads her in her fragrance lab, designing a scent for South Carolina's Montage Palmetto Bluff.

COURTESY ANTICA FARMACISTA



UFFE
- 10 - 44
- 10 - 26
TOGETHER
- SPANISH MOSS -
- MAY RIVER -

ANTICA FARMACISTA Palmetto A
ANTICA FARMACISTA Palmetto B
ANTICA FARMACISTA Palmetto C

16
12
22
A
RR



The Sniff Test

THE CO-FOUNDER AND CREATIVE DIRECTOR OF THE LUXURY FRAGRANCE
LINE ANTICA FARMACISTA HAS A NOSE THAT KNOWS.

SHELLEY WESTOVER CALLAGHAN, ARIZONA, WANTS you to travel—via scent if at all possible. “I can go on this emotional scent journey from almost any time in my life,” she says. “From driving in my dad’s car to get the Sunday paper as he smoked his cigar, to the smell of chlorine on the towels in my grandmother’s linen closet every summer, to the oil I used when I was pregnant with my first son.”

Shelley at home in Seattle,
Washington

Shelley founded the Seattle-based Antica Farmacista (meaning “ancient chemist” in Italian) 13 years ago on a whim with her longtime best friend, Susanne Pruitt. As the first company to bring the home ambiance reed diffuser to the U.S., the brand has become a celebrity favorite. Antica Farmacista offers more than 25 fragrances in home and personal products. For Shelley and Susanne, it’s all about taking customers on a scent journey of their own. “We create fragrances that move our customers,” Shelley says. “We want our products to capture a moment in time for them.”

When it’s time to develop new scents, Shelley lets her imagination run free. She keeps a small fragrance lab in her office and mixes ingredients until the resulting scent comes close to matching her inspiration. “More often than not, the mixing process rules out what I don’t want the end product to smell like,” she says. Then, it’s off to Antica Farmacista’s technical perfumer who refines Shelley’s rough draft into the finished fragrance.

“Lush Palm is our new fragrance that launched this spring,” Shelley says, revealing that the scent was born of “an escape thing that’s been happening” for her lately. “There’s always something artistically or personally that launches a thought,” she says. “It all comes from a place of: ‘That makes me feel good.’ And, of course, there’s got to be some transportive nature to it. In the case of Lush Palm, it’s the ocean, salt air, palm fronds. Every one of our fragrances takes you to some place without you ever having to leave your home.”

— By **Kristen Desmond LeFevre**, Indiana

Fab Fragrances

Shelley dishes on her current favorites from Antica Farmacista’s deep lineup of scent-sational products.



For gifting

Trio gift collection in Lush Palm, Bergamot & Ocean Aria and Acqua

The perfect go-to gift: A set of three 100-milliliter diffusers. \$64



For your home

Candle in Prosecco is crisp, sparkling and effervescent. Antica Farmacista’s 9-ounce candle provides 60 hours of scented illumination. \$44



For your body

Body butter in Orange Blossom, Lilac & Jasmine

Argan oil, shea butter and honey hydrate without an oily residue. Let this 8-ounce body butter transport you to a blooming orange grove. \$38



For your bath

Bubble bath in Lush Palm

Relax with this scent’s crisp green accord, Tahitian gardenia and aloe notes for the ultimate bath experience. 16 ounces, \$38



For your workspace

Reed diffuser in Lemon, Verbena & Cedar

This scent is subtle yet effective in any communal space. Citrus notes mingle with earthy green cedar. 100 milliliters, \$26; 250 milliliters, \$66



For the road warrior

Room and linen spray in Lush Palm

Make a home away from home when you’re on the move. Spritz in the car, on throw pillows or on sheets before going to sleep. 100 milliliters, \$28

Lush Palm is Antica Farmacista’s newest fragrance, with notes of beachy breezes, creamy gardenia blossoms, lush banana leaf, and tropical palms.

Unwilling to kick her heels off in search of more sensible shoes, Abby did the next best thing: She found a way to make heels not only bearable but comfortable, and founded Vivian Lou in the process.



Well Heeled

WHO SAYS THE RIGHT PAIR OF SHOES CAN'T CHANGE THE WORLD?

HOW ONE WOMAN WITH A PENCHANT FOR

PUMPS AIMS TO TAKE THE PAIN OUT OF THE FASHION GAME.

FOR **ABBY WALKER**, *MIAMI (OHIO)*, IT STARTED WITH a pair of black and white, polka-dotted 3-inch heels. They set her apart, made her feel distinct and gave her confidence as she struggled to find her niche in corporate America, a world she describes as filled with “women with gorgeous hair, gorgeous bags, gorgeous clothes and gorgeous jewelry.”

“The more distinct the shoe, the greater my courage at work and in my personal life,” Abby says.

They also got her hooked on heels. But along with

the courage they offered came the pain they inflicted. Unwilling to kick her heels off in search of more sensible shoes, Abby did the next best thing: She found a way to

make heels not only bearable but comfortable, and founded Vivian Lou in the process.

The pain, burning or pressure many women feel when wearing high heels is due to a

Abby Walker's high heel collection is no longer the source of pain with her Vivian Lou Insolia insoles inserted in each pair.

COURTESY VIVIAN LOU

redistribution of weight: In a standard 3-inch heel, 75 percent of a woman's body pressure is on her forefoot. According to a study conducted by the College of Podiatry, it takes an average of one hour, six minutes and 48 seconds for a high-heel wearer to start feeling discomfort. For one in five women, the problem starts within just 10 minutes of wearing high heels. Abby became determined to find a solution.

During her research, she came across a weight-shifting insert called Insolia. Designed by a podiatrist and engineered by a rocket scientist, Insolia slightly rotates a woman's heel bone up and back. The result? Weight is shifted from the ball of the foot to the heel, restoring a woman's center of gravity. Feet no longer slip forward in the shoe, helping to correct body alignment, straighten posture, improve ankle stability and reduce lower back fatigue.

And the best part? Women can wear high heels longer and without pain. Abby thought it sounded too good to be true, but after ordering Insolia's product and giving it a try, she was amazed at the results. "I could wear high heels all day—and pick up the kids from day care and run to the grocery store—without crying in pain."

Call it a case of head over heels, but Abby couldn't imagine why every high-heel-wearing woman she knew wasn't lining her Louboutins with what she felt was a "miracle product." "There was literally nothing like it on the market," Abby says.

So Abby did the only thing she could think to do: She found the contact information for Insolia's CEO and gave him a call. "I asked him, 'Why have I never heard of your product?'" His answer: "We're a bunch of

MIT engineers trying to market a product to women."

What began with an offer to help market Insolia's product soon turned into Abby becoming the exclusive distributor of Insolia insoles in North America, and eventually a business partnership.

Vivian Lou Insolia insoles (named for Abby's daughter) launched in November 2014. Though Abby was still working her corporate job, she dreamed of making Vivian Lou her sole focus. But she wasn't making any money from her new venture, so it felt more like a hobby than a long-term business opportunity. That is, until she won the chance to pitch her product to Mindy Grossman, CEO of the Home Shopping Network. Abby's three-minute pitch caught Mindy's attention. Less than six months later, Abby was selling Vivian Lou Insolia insoles on the Home Shopping Network.

"I sold out [of product] within 10 minutes," Abby says. "I was in shock."

After two more sellout appearances, Abby left her corporate career to pursue Vivian Lou full time. Since then, the product has been rebranded, repackaged and received critical acclaim. As the brand has grown, Abby has pledged to give back to her community with each insole purchase. Two percent of all sales are donated to Dress for Success Twin Cities and Women's Bean Project in Denver.

"I honestly believe high heels can change a woman's life and give her the courage to pursue her dreams," Abby says. It's a belief that's come true in Abby's own life, all thanks to a pair of black and white, polka-dotted high heels.

— By **Kait Smith Lanthier**,
Marist

Making Memories

Your phone is full of photos, but transferring them to memory books is the tricky part. Here are our top favorite books to help you make that happen.

— By **Rachel Weber Haugo**, Iowa State



The Story of You

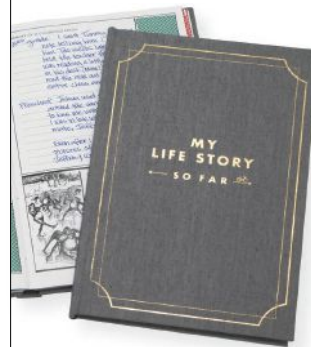
BY EMILY LEY

Document your pregnancy and baby's milestones with photos and journaling pages. \$62 at emilyley.com



Chatbooks

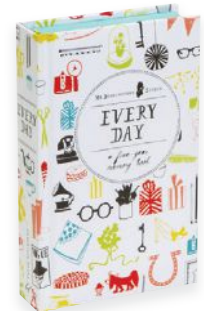
Download the app and sync up your social media accounts to create effortless print photo books. \$8 for a 60-page book at chatbooks.com



My Life Story So Far

Create a family keepsake full of thought-provoking prompts to journal life experiences, meaningful stories, and pearls of wisdom.

\$30 at uncommongoods.com



Every Day: A Five-Year Memory Book

BY MR. BODDINGTON'S STUDIO

Think of this as the pen and paper version of Timehop. Jot down a memory a day of your everyday thoughts.

\$16.95 at chroniclebooks.com

Sisterhood Sanctuaries

HOME IS WHERE YOUR SISTERS ARE.

THERE ARE MANY WAYS TO MAKE A HOUSE INTO A home. Whether it's your favorite couch, a bright wall color or a gallery full of photos of friends and family, there's one thing that beats the rest—the people with whom you share your home. For our chapters, it's the women inside who make these houses feel like home.



Inside and Out

IOWA STATE, DELTA OMICRON

WITH WINTER WEATHER ON its way out, the women of Delta Omicron Chapter will undoubtedly be welcoming the spring at their favorite place—their beautiful backyard patio. As one of the few houses in Iowa State's Greek-letter community with a patio space, the ladies have used it as a main selling point during recruitment season.

The patio is furnished with tables and chairs that are utilized for school work and a comfy couch for lounging—all purchased through generous donations from the chapter's Parents Club. Inside the house, you can find members catching episodes of "The Bachelor" in their TV room or gathering a study group in their formal living room.



Going Green

CENTRAL FLORIDA, ETA ETA

THE WOMEN OF ETA ETA Chapter and 2017's color forecasters are in agreement: Green is the new black. The chapter house, which opened in 2013, was one of the first "green" sorority houses in the U.S. With motion-censored lights throughout, energy-efficient appliances and water-saving bathrooms, the carbon footprint is a small

one. The house is open during the summer, allowing live-in members to take classes or find a summer job. During these months when the house is not as full, the members like to pull together two of their living room couches, pile in their coziest pillows and blankets and enjoy a night of Netflix in their sister-filled "couch nest."

TOP LEFT: ELLEN CHESNUT; COURTESY CENTRAL FLORIDA



Historical Hangout

CORNELL, PSI DEUTERON

OPENED IN 1937, PSI Deuteron Chapter's house was the first Kappa house to use steel in its construction and is now lovingly known as the "Rusty Gamma." Prior to housing 30 women of Psi Deuteron, the location was occupied by Beverly Bayne, an actress in the 1910s who was

married to a silent film star of the 1910s and 1920s, Francis X. Bushman. Members pay homage to the home's history in film by binge watching Netflix in the dormer room. They also can be found snacking in the kitchenette or holding chapter meetings in the living room.



Major Key

NEW MEXICO, GAMMA BETA

BUILT IN 1966, THIS MULTILEVEL white brick house recently celebrated its 50th birthday in 2016. Home to 58 members, the most unique feature of the house can only be seen from an aerial view: The house is shaped like a key! The house underwent renovations in 2010 that

included an update to the bathrooms, which had been pink since the house was built. The bathrooms were updated to a modern, sleek style. One of the favorite spots in the house is the living room, complete with a big-screen TV, a comfortable couch and a breakfast nook.



Vibrant Village

BOWLING GREEN, ZETA KAPPA

IN SPRING 2016, THE women of Zeta Kappa Chapter were welcomed into a brand new house. After a \$32.7 million university project, all 33 Greek-letter organizations at Bowling Green are now part of the new Greek Village. The village boasts sleek houses, interior walkways, gathering spaces and beautiful

courtyards. Zeta Kappa's house is home to 18 live-in members. Their favorite room is the chapter room, which is large enough to accommodate all of their members and guests. You can find sisters studying and relaxing in the space that is decorated with comfortable couches and chairs, a large TV and, of course, many key accents.



Home Suite Home

AUBURN, EPSILON ETA

THOUGH AUBURN University does not have Greek houses on campus, the women of Epsilon Eta have a room in Greek Village. Each sorority in the village has a large chapter room with apartment-style suites on the floors above. About 50 women reside here and each suite houses four single bedrooms, two bathrooms and

a common living and dining area. The chapter room is a popular spot to do homework, catch up and watch TV. Five members serve on the chapter's design committee. They helped redecorate and redesign the space, creating a welcoming aesthetic with plush chairs and couches mixed with metallic side tables and decorative pieces.

TOP LEFT: MOLLY NAGEL, KAYLA SEAGREN; JULIE MARTINI, ADRIENE SIMON

I'm not teaching someone to be an expert in the kitchen. My goal is to really inspire people to be free.



The Mother Loaf

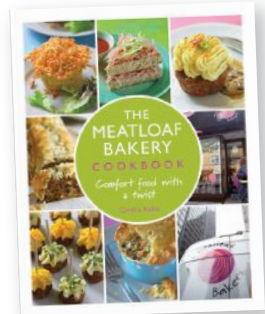
IN THE AGE OF ONLINE SHOPPING AND NEXT-DAY DELIVERY, THERE'S NOT MUCH YOU CAN'T ORDER ONLINE—INCLUDING MEATLOAF.

IF YOU'RE CRAVING COMFORT FOOD DELIVERED TO YOUR doorstep, the Chicago-based Meatloaf Bakery has you covered with Meatloaf by Mail. Not to dis your mom's meatloaf, but **Cynthia Kallile**, *Ohio State*, creates loaves that have style. "I turn my meatloaf into pastries, cupcakes, appetizers and pies," she says. "Instead of cake with frosting, you have meat with mashed potatoes."

Cooking has always been a passion for Cynthia. Even as a struggling 20-something just out of college, she would make four-course meals while her roommates were eating Cheez-Its. And so in 2006, The Meatloaf Bakery was born—first as a brick-and-mortar store, later as a food truck, and now

as the internet's most popular provider of mail-order meatloaf—bringing Cynthia's cupcake-inspired loaves to fans everywhere.

Cynthia offers several loaf flavors, but her mainstay is The Mother Loaf, which has been featured on the Food Network's "Sugar High" and ABC's "The





The Mother Loaf

INGREDIENTS

Nonstick cooking spray	1/4 cup diced green pepper
1 cup crumbled butter crackers	2 tablespoons Worcestershire sauce
1 cup oats	1 teaspoon kosher salt
2/3 cup whole milk	1 teaspoon freshly ground black pepper
2 eggs, lightly beaten	1 teaspoon paprika
15 ounces ground chuck	1 teaspoon yellow mustard
15 ounces ground pork	1/2 teaspoon dried marjoram
2/3 cup diced onion	1/2 teaspoon dried thyme
1/2 cup chopped fresh parsley	1/2 teaspoon seasoned salt
1/2 cup diced celery	
1/3 cup ketchup	

INSTRUCTIONS

PREHEAT THE OVEN TO 350 F. GREASE A MUFFIN PAN with nonstick cooking spray.

Combine the cracker crumbs, oats and milk to soften in a medium bowl. Combine the ground chuck, ground pork, onions, parsley, celery, ketchup, green peppers, Worcestershire sauce, salt, pepper, paprika, mustard, marjoram, thyme, seasoned salt and eggs in a large bowl. Add the oats mixture and mix well, but do not over-mix.

Portion the meat mixture into eight, 8-ounce cupcakes and place into the prepared muffin pan. Smooth the tops of each portion. Bake until the internal temperature reaches 165 F, about 30 minutes. Unmold and set on paper towels to absorb any additional liquid. (The meatloaf can also be cooked in a loaf pan.)

Chew.” It’s also the feature loaf in her cookbook, *The Meatloaf Bakery Cookbook: Comfort Food with a Twist* (which includes recipes for those who want a loaf minus the meat). “With my cookbook, I’m not teaching someone to be an expert in the kitchen,” says Cynthia. “My goal is to really

inspire people to be free.”

Need a little loaf love in your life? Cynthia shared her Mother Loaf recipe with *The Key*.

Cynthia’s advice? “Don’t get so hung up on making it perfect. Just do it. Just have fun with it. To me, that’s the total beauty of cooking.”

—By *Catherine Roebuck Mace*



Immerse yourself in Spain’s culture and landscapes.

TRAVEL

Walk This Way

Spain’s Camino de Santiago offers travelers more than just a physical journey.

— By *Kristen Desmond LeFevre*, Indiana

IN THE NINTH CENTURY, CHRISTIAN PILGRIMS FLOCKED TO Santiago de Compostela, Spain, seeking the final resting place of St. James. Since then, millions of people—both religious and otherwise—have followed in those footsteps along the network of pilgrimage paths dotted with scallop shells and bright yellow arrows, marking the Camino de Santiago, or “Way of St. James.”

Cultural anthropologist **Nancy Frey**, *UC San Diego*, has been putting one foot in front of the other along the Camino (as it is popularly known) since 1993 when she walked 450 miles across northern Spain as part of her doctoral dissertation. Along with her partner, José Placer, Nancy runs *On Foot in Spain*, offering walking and hiking adventures for small groups of travelers.

Here’s why the Camino’s popularity continues to grow, and why it belongs on your bucket list:

On the Beaten (and Unbeaten) Path

Along the Camino, you may encounter the woodlands of the Pyrenees, the bull-running

streets of Pamplona, the vineyards of La Rioja, the rolling wheat fields of Castile, and the verdant farms and forests of Galicia. But you’ll also encounter villages and vibrant towns that offer views of Spain not typically seen by the traveler making stops in Madrid, Barcelona or Andalusia.

Living History

The Camino’s towns and villages are rich with art and architecture spanning 1,000 years. Nancy’s picks? The 11th century Romanesque bridge in Puente la Reina—the Queen’s Bridge—is a favorite, as well as the little-known towns of Burgos and León, each offering a magnificent Gothic cathedral.

According to legend, in 812 A.D. a religious hermit discovered the long-forgotten tomb of the apostle James by following a falling star. Travelers have been walking the Way of St. James, winding through Spain's countryside, ever since.



You've Got This

Although Camino journeys can last from a few days to a few months, most modern pilgrims don't consider themselves athletes. Still, multiday walking can take its toll. Nancy finds that overcoming those mental and physical challenges gives the travelers she guides a sense of accomplishment that lasts long after they've left the pilgrim's trail.

Keep It Simple

A Camino walk offers simplicity. Travelers let go of their mental and physical baggage and they can focus on what really matters. "Eating when hungry, resting when tired, soaking hot, sore feet in cool water, drinking when thirsty, smelling the roses—the simple pleasures in life take on new meaning," Nancy says of the time-out the trip provides.

Walk the Talk

Community is key along the Camino, and travelers develop a feeling of being a part of something larger than themselves. "You join a fellowship of pilgrims who have been heading westward for eons," Nancy says. "Asking the big questions in life, sometimes finding the answers... and having an unforgettable experience along the way."

Kappa Kandy

SWEET SELECTIONS FOR SISTERS EVERYWHERE



Ring Pop

One look at this lapis and you'll forget this statement piece is counting your steps. // \$195 // www.ringly.com



From the Desk Of

Scribble your best on-screen John Hancock with this stylish stylus from Modal, available at Best Buy. // \$14.99 // www.bestbuy.com



Keyed In

Enjoy the comfort and convenience of desktop typing on your smartphone or tablet with this mobile keyboard from Logitech. // \$39.99 // www.logitech.com



Music Mogul

Jam out to all of your favorite tunes with these sleek headphones, perfect for on the go. // \$199.95 // www.beatsbydre.com

RINGLY OUT TO SEA; MODAL; LOGITECH; BEATS BY DRE



Ask Clara

ADVICE FOR ANY OCCASION

Clara Pierce, Ohio State, was Executive Secretary of Kappa Kappa Gamma from 1929–1969. She urged members to “aspire nobly ... adventure daringly ... but serve humbly.”

Dear Clara: My previously omnivorous 13-year-old daughter has suddenly declared that she’s “so vegan.” Now, my go-to meals are suddenly off the menu for her. I want to respect her choices, but I’m not a short-order cook and the rest of our large family isn’t interested in jumping on her bandwagon. Any advice?

—Signed, *Meating in the Middle*

Dear Meat:

As if you don’t have enough on your plate, right? Still, hear your daughter out. Is her new choice more about fashion than health? (And does she realize that a vegan diet means more than substituting soy burgers for hamburgers?) Emphasize that while you’re willing to support her choice, you’re not going to be responsible for it, either. She’ll have to step it up by taking on shopping for and preparing her new vegan meals. Who knows, she might inspire other family members to eat more veggies. And there’s no downside to that.

Dear Clara: My husband says it’s totally tacky to give a gift card for any reason. I disagree, especially when I don’t know the recipient especially well. Who’s right?
—Signed, *Gift Horse*

Dear Horse: It’s true that gift cards are sometimes perceived as a lazy way to give a gift. But it doesn’t have to be thanks to the wide variety of gift cards available for an ever-increasing variety of items and services. As with any gift, be sure to select a card that



reflects the recipient’s interests. The more tailored you can make your choice, the more thoughtful your gift will seem. For most occasions, it’s best to avoid giving a generic Visa, MasterCard or American Express gift card, which is the modern equivalent of a wad of cash and generally tacky territory.

Dear Clara: A peripheral acquaintance just asked me to be a bridesmaid in her wedding. I was shocked because we’re not close. We met ages ago in a spin class, and we only see each other every now and then. Is there any gracious

way to decline her invitation? Even if there is, should I suck it up or sit it out?
—Signed, *Maid Madness*

Dear Madness: It’s always OK to say no when you can’t (or just don’t want to) do something. If you’re going to sit it out, be honest and tell her you’d be happy to celebrate her special day, but only as a guest. This will show that you care about what is most important to her and that you haven’t turned her wedding day into anything about you. Finally, no matter how awkward the situation, be gracious, be genuine, and be happy for her and you’ll be fine.

{ Have a question for Clara? thekey@kkg.org }

Just Scroll With It

Found tucked away in Kappa's archives, not much is known about this handmade scroll. It was created by Beta Mu Chapter, *Colorado*, and was hand-painted and transcribed by **May Belle McCandless Aldrich** and **Rose Affolter Alexander**. Though undated, it was likely created for Kappa's Golden Jubilee in 1920 where a number of hand-lettered and illuminated vellum books were displayed. Fingerprints and wear suggest the chapter used it for more than just the Jubilee, possibly using it as the primary ritual book for a time. While there is no record of how it wound up in Kappa's archives, there was a call for handwritten and illuminated ritual items in the 1980s.

—By *Catherine Roebuck Mace*



Beta Mu Chapter, *Colorado*, created this vellum ritual scroll in the early 1900s. The iron gall ink has aged into a blue-green patina.



From the Ground Up

What began as a study abroad misadventure in Uganda has grown into a company that provides marginalized women with opportunities to thrive.

BY LAUREN EVERY, OHIO STATE

A Ugandan woman strings handmade beads that will become a necklace. The jewelry is sold in The Akola Project's "Classics" line of jewelry.



B

ABWETENDA SCOVIA IS AN ARTISAN. SHE MAKES HAND-ROLLED, PAPER BEAD necklaces in her native Uganda. Each one is completely unique, taking up to 10 minutes to roll into its designated shape and size and then brushed with lacquer to give it a glossy shine. She's a widow living with AIDS—her husband died of the disease—and the money she earns helps her afford medicine as well as food and education for her three children. She saves a portion of her earnings, hoping to someday open her own business.

Before Scovia began making necklaces, feeding or educating her children often required begging money from her relatives. The income from the necklaces has provided stability and hope.

Her job is one of about 500 created by the Akola Project in Uganda and the United States. Akola is a development-focused social business that aims to help women break a cycle of poverty. And while the project has a deep vision, evolving and expanding over a decade, it began in a moment—a chance meeting at a boarding school in Uganda.

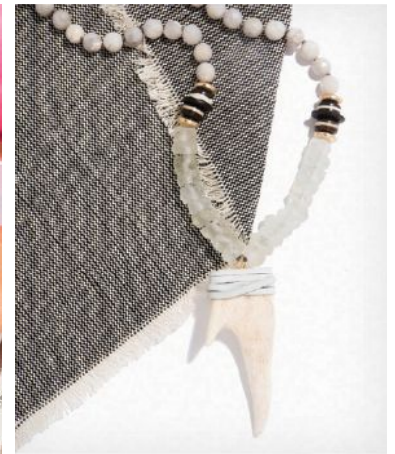
IN 2004, **BRITTANY MERRILL UNDERWOOD** WAS A SOPHOMORE AT Southern Methodist University. She was looking forward to a summer abroad and her dream scenario was gallivanting in Europe with two of her close friends. Her friends had other plans.

"I tuned out of the conversation for a week and they picked Uganda. I think I cried when I was getting my shots," Brittany says. It wouldn't be a vacation. The trio would be teaching literature at a boarding school. "I didn't have any expectations except, 'Oh, great. I have to survive this summer in a rural city with no electricity.' I had a terrible attitude."

Her displeasure was noted by a pastor who introduced Brittany to a woman named Sarah in a slum outside of Kampala, Uganda's capital city. Sarah wasn't much older than Brittany and was caring for 24 homeless children, doing her best to provide them with food and shelter. "That was a turning point for me. I had never given anything back to anyone my entire life," Brittany says. "It really shook me out of my complacency."

Brittany's thoughts went from "what can I get" to "what can I give." She returned to SMU in the fall ready to act. "I know these kids aren't getting food and I know I can do something about it and I should," she says. She contacted an American missionary she worked with during the previous summer to see if he had ideas for how she could help Sarah. Coincidentally, this missionary happened to be working with one of the pastors in Kampala—the same pastor who had introduced her to Sarah.

His voice cracked on the phone as he told Brittany that they had been praying for this woman and her children for three years. He informed her that an organization was already providing sponsorship for them. Initially, she was relieved. She was in college with a full load of classes and a full social calendar. Was there really room for



Each necklace is handmade by Akola women, following a unique pattern.

anything else? But she couldn't shake it. This wasn't some diffuse problem in a faraway land without a clear solution. This was Sarah, a woman whose struggles Brittany had experienced firsthand. Sarah and the street children she cared for needed something very simple: a new home.

BY THE TIME BRITTANY GRADUATED FROM SMU IN SPRING 2006, SHE had successfully raised almost \$1 million through fundraising efforts in Dallas and Atlanta to build an orphanage for the children she met in Uganda. Brittany and three friends moved to Uganda to oversee the construction and make payments. When a CNN report on their work aired, the effort received global attention. "It was this huge story about how these young kids built this orphanage and, at the moment, we could've raised tons of money to build more orphanages," Brittany says.

But Brittany was slowly realizing that building orphanages might not be the best way to help these communities flourish. Children were taken from the homes of their extended families to be placed in these orphanages. Though the children now had a safe place to sleep, the cycle of poverty in these communities remained unaffected and families were still constantly struggling to make ends meet. While the plaudits

PHOTOS COURTESY AKOLA PROJECT



Brittany helps collect finished products at an Akola facility in Uganda.

for her efforts continued, she had started to see the work as a failure.

It was a stark challenge. She could either keep raising money at this opportune moment and hope to offer some temporary salve for the children or forge a new, harder path that would create sustainable change. Again, she realized she could not put this down—she could not forget Sarah and the 24 children and countless others like them who were searching for hope.

So Brittany started over.

THE AKOLA PROJECT WAS BORN UNDER A TREE IN UGANDA IN 2008. Fifteen women, who Brittany now refers to as “the first Akola women,” met there to discuss a plan of action to help them achieve what they needed: a sustainable income that would allow them to provide for themselves and their dependents while also allowing them to invest in their communities. They decided on making a product for a profit. Jewelry—which could be made at a low cost, would be easy to teach, and could sell in the U.S. as a luxury item—seemed like the most logical option.

“We realized that if we can help them generate income through this product, we could give them what they need,” Brittany says. By 2010, the Akola Project had 200 women. Roads, wells to provide clean water, and a facility to house an expanding workforce were built.

With a growing business and a growing passion, Brittany headed back to the United States to pursue a master’s degree in intercultural studies with an emphasis on international development. During graduate school, she honed the development model for Akola—a fusion that operates a social business within a nonprofit framework. This model allows Akola to be a full-impact brand, which means that 100 percent of profits go back to the initiative to fund deeper development.

The process begins by forming a partnership with community leaders to find women in need. In Uganda, these are often women with at least 10 dependents and no ability to work. “They may be self-sufficient farmers, but they don’t own their own land. So, there’s one bad harvest and not only do their kids starve, but they’re in debt,” Brittany says.

While many social businesses find an existing artisan group in a marginalized country to produce their products, Akola women are taught valuable skills at vocational training centers. “We build facilities. We train women with no artisanal skills to make beautiful products,” Brittany says.

Akola’s educational programming includes annual goal setting and strategizing to help the women plot a vision for their family, their business and their homes. Classes on everything from wellness and health to budgeting and banking arm the women with the tools they need to achieve these goals. Akola stresses the importance of saving



10 to 30 percent of their income, so the women can eventually open their own local businesses.

In 2014, six years after Akola's founding, there were close to 400 Akola women working in Uganda and their handmade jewelry was available in almost 400 stores across the United States. Its success did not go unnoticed. Community leaders in Dallas—where Brittany was living—approached her to see if this model could translate in their own city. They saw potential to help women in the city who were escaping domestic abuse, were victims of sex trafficking or were formerly incarcerated and struggling to enter the workforce. In 2015, Akola ran a pilot in Dallas and found the model translated well, but was in need of adjustments.

“The snafu was that a living wage in Uganda is obviously much different than in Dallas. Women working in our mass retail line [in Uganda] were making \$7 to \$8 an hour for jewelry that's under \$100,” Brittany says. Their goal was to provide women with a \$15 wage in Dallas.

To make ends meet, an elevated jewelry line was created, with pieces ranging from \$295 to \$500—prices that could support a \$15 wage. Although the Uganda line was now retailing at hundreds of stores throughout the U.S., finding retailers to carry the luxury line was a different challenge. For the most part, the line was only available at local luxury boutiques in Dallas.

In January 2016, Akola pitched its luxury line to Neiman Marcus. Brittany says the CEO loved that Akola reinvests all of its profits back into its social mission and decided to launch the line across the U.S. in the fall, a rare feat. “It's so insanely humbling. It's a total God thing,” Brittany says. Overnight, the Akola Project was able to

Brittany talks to Mulonde Praise, one of about 400 women employed by Akola in Uganda.

employ an additional 100 women through 15 different nonprofit partnerships in Dallas.

“We want to continue to grow in Uganda and Dallas, but we've realized we can expand our impact—in addition to new cities and new countries—through our supply chain,” Brittany says. “Our goal is to have impact with every bead.”

The Akola Project is currently working with the George W. Bush Presidential Center's First Ladies Initiative to identify countries where gemstones are produced. The goal is to give incentives in those countries to women's groups to start social impact businesses themselves. The Akola Project would be the purchasing power for these businesses and the women employed to hand-cut and polish each stone.

Employment, though, is just part of the impact. “We want women to become agents of transformation in their communities. That's our mission statement. It's not for women to receive fair wages—that's just step one for us,” Brittany says.

As for her own future, Brittany wants to make sure her family feels just as at home in Uganda as she does. With two children under the age of three, her visits to Uganda have been infrequent. But after buying land six years ago, she and her husband are in the process of building a house in Uganda where she hopes her family will visit often once her children are old enough.

“I want my kids to know the kids we work alongside in the village. The house is a half mile from our training center, so the women can come over and we can spend time together. It's my heart.”

Wear Your Cause on Your Sleeve

Trending now: Fashion with a purpose.

- Some companies have dedicated themselves to supporting causes to better the world
- and them. Find a cause that speaks to you.



Love Your Melon (1) was started in 2012 with an idea: providing a hat for every child battling cancer in the U.S. The company now donates 50 percent of each sale to nonprofit partners that fund cancer research and provide support to families. It has donated over \$1.5 million and contributed over 80,000 hats. loveyourmelon.com

Founded in 2007, **FEED** (2) aims to help with the fight against hunger worldwide. Each of its products has a number stamped on it that indicates how many meals your purchase provided. A glamorous tote bag can provide 100 school meals for children. feedprojects.com

Serengetee (3) purchases fabric from over 25 countries worldwide. It supports artisans and, in turn, preserves fabric-making traditions. Each of its fabric swatches supports a different cause in which 10 percent of the sale is donated. After selecting a fabric and cause, you pick from a variety of products like the popular pocket T-shirts or 5-panel hats. serengetee.com

Symbology (4) focuses on providing sustainable wages to artisans in India and the West Bank. Its artisans are involved in the product design process so each item is unique, combining modern looks with traditional art forms, such as Indian block printing. Symbology wants ethical fashion to “no longer be the exception, but the norm.” symbologyclothing.com

Ten percent of each purchase from **Better Life Bags** (5) is given to a low-income entrepreneur overseas. Each bag comes with a photo of the entrepreneur who was helped through the purchase. The company also supports its home base of Detroit, Michigan, by providing sustainable employment to its workers. betterlifebags.com

The Big Break

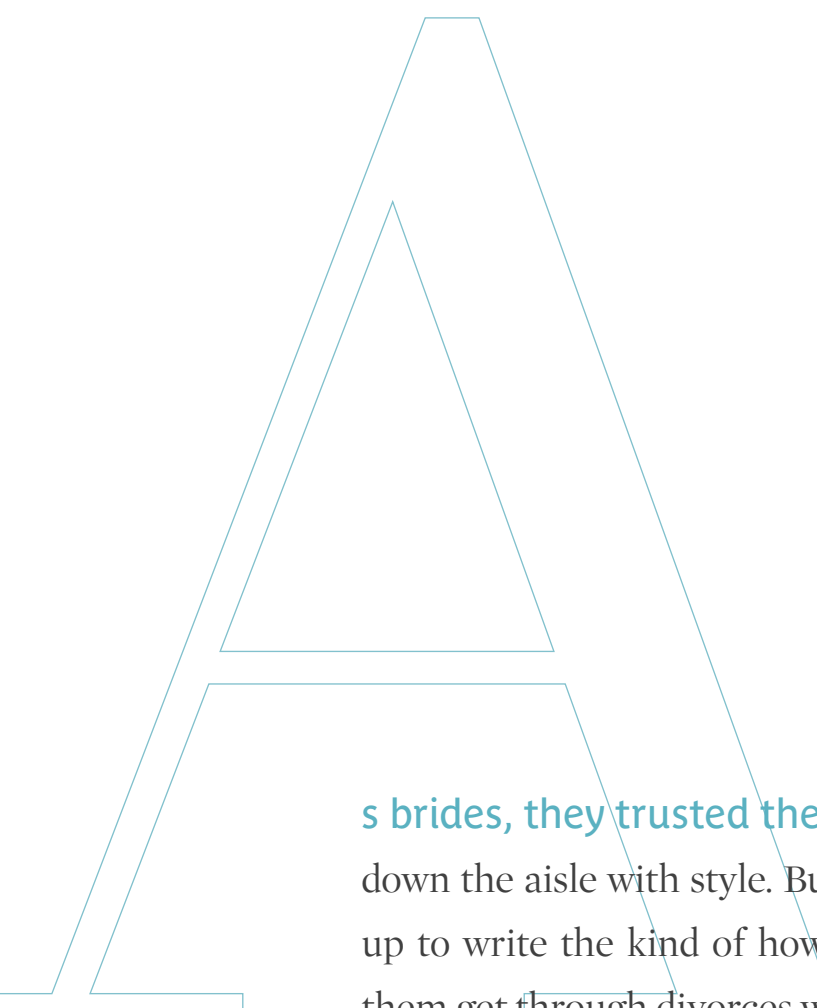
By Kristen Desmond LeFevre, *Indiana*
with Valerie Shepherd and Holiday Miller, both *Florida State*

PHOTOS BY MELISSA GOLDEN

Every 36 seconds in the U.S., a divorce is finalized. That's nearly 2,400 divorces per day, or 876,000 divorces per year. What do you do when your dream of marital bliss ends up in pieces? Valerie Shepherd and Holiday Miller want you to know there's life after divorce—and they're aiming to help women reclaim it.







s brides, they trusted their wedding planning guides to get them down the aisle with style. But when their marriages ended, they teamed up to write the kind of how-to manual they wished they'd had to help them get through divorces with strength and sanity.

Valerie and Holiday have a lot in common. They pursued the same major at the same college (though not at the same time). They pledged Kappa Kappa Gamma as freshmen and joined the Junior League soon after their respective graduations. And they married—and divorced—the same man.

You read that right. Holiday was happily married to Valerie's ex-husband when the two women connected via Facebook in 2008. A few private message exchanges later, it was clear that the man they had in common had married almost the same gal twice. "How could you not like someone who is so much like yourself?" Holiday asks, laughing.

But it wasn't until a few years later that their friendship became something more than emails, pleasantries and admittedly "awkward at first" playdates with the children.

"You might possibly be the only person on the planet who could understand the hell I'm in right now," Holiday wrote to Valerie in a desperate Facebook private message in 2011. Her marriage (to the



Money Matters

With over 20 years of experience in the financial services industry, one would think I would have been well prepared for my divorce (completed in February 2015). Yes, I knew our household budget, yes I had good credit, yes I had a good job, but the overwhelming feeling of stress and sense of naivety was beyond what I was mentally prepared for.

Besides the emotional impact of the dissolution of a marriage, the financial impact can be daunting. It typically costs 30 percent more in living expenses to live separately than it does to live as a married couple. Make sure you are financially prepared for your monthly cash needs for at least three years while you are adjusting to your new life—and most likely embarking on a new career if you have been out of the workforce.

Consider these action steps to get your financial life in order before, during and after a divorce.

- ▶ Run your credit report and score.
- ▶ Close joint credit cards and open a revolving credit card in your name if you don't already have one to start to establish credit.
- ▶ Update all beneficiaries on retirement accounts.
- ▶ Update your will/estate plan.
- ▶ Retitle all assets you have received in the settlement into your name and remove your name from asset titles that you no longer own.
- ▶ Know your tax situation. Do some planning so you do not have a surprise when filing your taxes under a different marital status. Remember, if you are receiving spousal support that is taxable income to you, you may need to make quarterly estimated tax payments.
- ▶ Look at all of your insurance policies: health, home, auto, and income. Make sure your name is on each policy. Now may be a good time to "shop around" for better rates.
- ▶ Understand your Social Security benefits now and in the future. Know the rules for claiming ex-spousal Social Security benefits.
- ▶ Make sure you are saving for your retirement.
- ▶ Get help managing your assets if you have accounts that are being invested.
- ▶ Tell someone where all of your important documents are. It is extremely important that your children, parents, or a trusted friend knows where your documents are located in case of an emergency.

Be pragmatic and start today to secure a life that you are in charge of. And don't forget to lean on your Kappa sisters when you need emotional support. — By **Christel Turkiewicz**, Colorado, certified divorce financial analyst

same man Valerie had divorced years ago) had crumbled, and she was dreading her first weekend alone without the children. "Would it be OK if I call you?" she wrote.

Valerie wanted to help, so she invited Holiday to spend the weekend with her. "I was really overwhelmed in that moment," Holiday admits. "But Valerie told me: 'You've got to get your head straight.'"

Noticing that Holiday was still wearing her wedding ring, Valerie cut right to the chase. "I said, 'Are you sure this over and you're not just having a bad weekend?'" she recalls. "It was a cute ring, I'll give her that," Valerie jokes. "But I wanted to be sure that [ending her marriage] was what she really wanted to do."

Holiday insisted that it was indeed the end. "I had only moved out five days earlier. So it was very fresh. Still, I knew right then that I didn't need to look back," she says, describing the moment she removed her ring for the final time at Valerie's place.

A weekend of advice and action plans soon turned into a budding friendship. Fast forward several months to a joint beach vacation with the children in tow, and an idea was born: Holiday and Valerie would write the guide they felt every woman facing divorce should read. (And the ex? He's fine with all of it.)

Turn the page to read some of Valerie and Holiday's best tips from their recently published *The Ex-Wives Guide to Divorce*. ➔

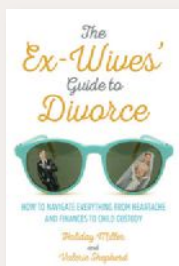
ABRIDGED
The Ex-Wives' Guide to
Divorce

By Holiday Miller and
Valerie Shepherd



Does the thought of getting a divorce OR BEING AN EX-WIFE COMPLETELY FREAK YOU OUT?

We can relate. We've been there, signed the papers and have the many stories to prove it. While there's really nothing that can entirely prepare you, here's an overview of what's in store if divorce is in your future.



Get Real About Your Reasons

BEFORE YOU GO RUNNING FOR THE HILLS, KNOW that divorce isn't a solution for the following:

- ▶ He doesn't give me butterflies anymore.
- ▶ I love him, but I'm not "in love" with him.
- ▶ We are more like friends than lovers.
- ▶ Our life is boring.
- ▶ We have the same argument all the time.

Sorry, girlfriend. These excuses don't cut it. News flash: Butterflies will disappear no matter who you're married to, that "in love" feeling lasts an average of two years, friends make better long-term partners than lovers do, the only person you can blame for your boring life is you, and you're going to argue no matter who you're married to. (We might even take a shot in the dark and guess your arguments revolve around money, sex or work. Welcome to the club.)

If one of these reasons is the main culprit for your divorce, we strongly suggest that you skip the attorney's office and head straight to a marriage therapist or personal counselor.

Get Organized

IF YOU'RE HEADED FOR DIVORCE, EVERY DOCUMENT YOU CAN GATHER will save you money and give you a reference tool when you're asked the same questions over and over...which in turn will save your sanity. And if there's one thing we've learned the hard way, it's that you can't put a price tag on sanity.

You're in luck, because we've created every form, work sheet and checklist you'll need—from questions to ask your attorney to communication logs—at www.exwivesguide.com.

Get a Backbone

YOUR BOUNDARIES WILL NEED TO BE DRAWN BOLDER THAN THEY ever have been before—as in black, permanent never-coming-off-marker. Say "No" and mean *absolutely no way*. Say "Yes" and mean *hell yes*. Say, "Let me think about that," as often as possible, and actually breathe and think about it without the pressure of time limitations.

This is the time to get on your feet and stand up for your fabulous future self. So, buy an entirely new wardrobe of big girl panties. Because when preparing for the business of a legal divorce, you need the appropriate armor, and anything that rides up your rear will not cut it. They may not be pretty, but big girl panties encourage you to remember that divorce is not an emotional transaction, it's a business transaction.

Get Your Groove Back

DIVORCE CAN TAKE A TOLL ON YOUR SELF-CONFIDENCE, BUT ONLY IF you allow it to. We are proof that there is a light at the end of the tunnel. Here are our top 10 tips for getting your groove back after divorce:

1. **Take care of yourself.** Stop worrying about everyone else. This doesn't mean you should neglect your children, your family or the pet goldfish. But consider this time in your life as a special gift to your future self.
2. **Do things that make you happy.** Far too often, we lose ourselves in our marriage. Whether it's a hobby or a sport you once loved, get back on the wagon and do whatever it is that makes you smile.
3. **Get inspired.** Make a collage. All you need is a glue stick, scissors, poster board and a stack of magazines. Cut out pictures, quotes, anything that inspires you.
4. **Buy new bedding.** New sheets equal a new woman.
5. **Update your playlists.** Ditch the sappy love songs and channel your inner Beyoncé. (Check out the playlist in our book).
6. **Give yourself a makeover.** Don't roll your eyes; this is not *Teen Vogue* advice. Whether it's a chic haircut, a new pair of jeans, or an updated lipstick color, even the littlest change can make a world of difference in your confidence.
7. **Break up with negative people.** Ever heard the phrase "misery loves company"? It's true. To get your groove back, surround yourself with people who've got the groove!
8. **Unplug.** By removing the distraction of our so-called "smart" devices and unplugging from the outside world, you allow yourself time to connect within.
9. **Set goals.** Set yourself up for success. Instead of aiming for world peace, start small. Here are some daily goals that are easily attainable: Get dressed (including shoes, hair and makeup), make your bed, write in a gratitude journal.
10. **Have faith.** Whether it's through prayer, meditation, yoga, underwater basket weaving, whatever, this is a critical time for re-centering your energy. Retrain your brain by bombarding it with positive affirmations. Feelings of self-worth will come along during this process, but the goal is to start seeing the positive in each circumstance.

Just because you're no longer wearing a rock doesn't mean you no longer rock; just because your relationship failed doesn't mean you've failed as a human being. Because girlfriend, if there's one thing we do know, it's that you shine brighter than any diamond you could ever wear on your finger. **0—**

She's dressed celebrities, first families and even royalty, making her label one of the hottest tags in town. Not too shabby for a woman who launched her first collection out of her apartment.

By Design

BY LAURA VINCI, KANSAS

PHOTOS COURTESY LELA ROSE



Wave Embroidered
Lace Off-the-
Shoulder Knit Dress
\$1,395
lelarose.com



IT WASN'T ALWAYS RED CARPETS AND THE RICH AND FAMOUS FOR Lela Rose, Colorado. In the early years, she was a nearly one-woman shop, working as the self-described “every person; literally doing the cutting, draping, cleaning and shipping.” She launched her eponymous ready-to-wear collection of ladylike dresses, separates and accessories in 1998. She added a bridal collection in 2006, offering gowns in sculptural silhouettes that exude a breezy luxury.

The fashion industry first paid serious attention to Lela's work in 2000 when she dressed Jenna Bush (now Hager) and Barbara Pierce Bush for their father's presidential inauguration. But, as Lela points out, she'd been laying the groundwork for her success long before that. “It hasn't been all about this one sky-rocketing moment,” she says. “It's

been a lot of hard work and learning from your customer about what they're looking for on a seasonal basis.” Still, it was not long after Lela's collaboration with the Bush twins that retailers like Bergdorf Goodman and Neiman Marcus began to take notice (and orders).

These days, you won't find Lela doing the cleaning and shipping. As a woman who stands at the center of the \$340 billion U.S. fashion industry, she's admittedly taken on a role that's “more of [a] creative director.”

As her business has grown, so have Lela's responsibilities. “I am involved in everything from start to finish with my team,” Lela says. “We do so many more things now that require more than just actual design, so I have my hands in many more pots.”

Among those “pots” is Lela's entertaining manifesto, *Pret-a-Party: Great Ideas for Good Times and Creative Entertaining*, published in 2015. It's a personal passion she says goes hand in hand with



Pleated Gingham
Taffeta Full Skirt
Shirt Dress
\$1,495
lelarose.com



“My whole philosophy is that women want to look beautiful and feminine, but be comfortable all

through the day and go straight through dinner. No one has time to go home and change. You want a piece that will look great all through the day, then go straight to whatever it is that you're doing. And that really is the inspiration every single season. We really give our customers that.”

— LELA ROSE



Coated Poplin
Pleated Skirt
\$1,595

Circle Stripe Knit
Funnel Neck Sweater
\$595



Feminine dresses that take a woman from day to dinner are Lela's stock in trade.



Floral
Embroidery Dress
\$3,995
lelarose.com

her professional passion. “It’s very central to the designing theme of taking one idea and using it as the inspiration for every detail,” Lela says. “From... what you’re going to wear to what your table looks like to what the dinner menu looks like, it’s very creative and fun,” she told the Huffington Post.

Through it all, Lela remains connected to what

matters to her, and to her customers, most: looking her best from daytime to downtime. “When I’m designing, I’m so much the customer. I’m at work all day. I’m in meetings. I’ll have a luncheon and then 20 people over for dinner that night,” Lela says. “I need to be able to go to my house, look great, and not have to fuss about what I’m wearing.”

It hasn’t been all about this one sky-rocketing moment. It’s been a lot of hard work and learning from your customer about what they’re looking for on a seasonal basis.



Lela’s dog Bobbin is the best accessory for riding around the city in style.

STYLE FILE

Lela Rose

Age
48

Hometown
Dallas, Texas

Current town
Tribeca, New York City

First fashion foray
The first dress Lela made was for her high school prom.

Budding in business
Lela launched her first collection out of her own

apartment, creating a self-made business by making vests from vintage scarves.

Lela’s launch
The first Lela Rose collection debuted in 1998 and expanded into bridal in 2006.

Best-dressed list
Lela has dressed celebrities and public figures such as **Ashley Judd**, *Kentucky*; Jessica Alba, Jenna Bush Hager, Julianne Hough, Mindy Kaling, Lea Michele, Kate Middleton, Olivia Munn, Michelle Obama, Ashley Olsen, Mary-Kate Olsen, Katy Perry, Kiernan Shipka and Uma Thurman.

Runway rundown

Lela’s collections are full of florals, ladylike silhouettes, polka dots, bold colors and hand-crafted details.

Behind the scenes

Lela is married to private equity manager, Brandon Jones. The couple has two children together: Grey, 14; and Rosey, 9.

Most likely to be spotted in NYC

Riding her bike to work and to her local green market—a daily practice she loves.

Favorite professional career milestone

Her first Bergdorf Goodman window along Fifth Avenue.

Favorite pastime

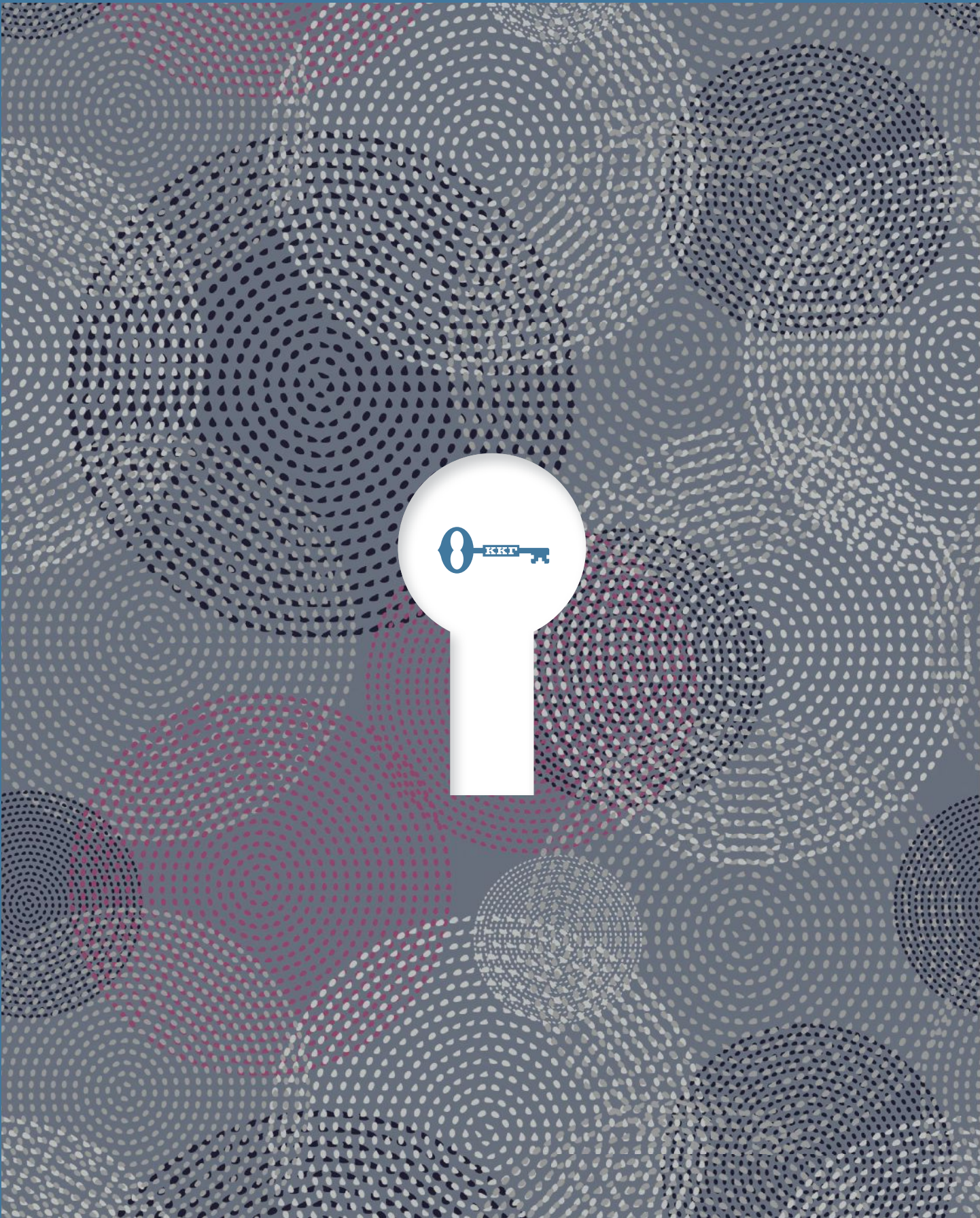
Entertaining. Lela is known for her elaborate dinner parties, which she hosts at her home at least twice per week. She published her first book in 2016, *Pret-a-Party: Great Ideas for Good Times and Creative Entertaining*.

Favorite flick

“Breakfast at Tiffany’s”

Favorite guilty pleasure

Baskin-Robbins ice cream (chocolate chip or Jamoca Almond Fudge)



PUT THE NEEDLE ON THE RECORD

Song Bird

At one of country music's most important record labels, Allison Jones is connecting musicians with songs, making hit after hit along the way.

—By *Erin Byers Murray*

IF YOU'VE EVER BELTED OUT A tune or even bobbed your head while listening to a country song, you can probably thank **Allison Jones**, *Vanderbilt*, for the experience. The Florida native is one of the most powerful forces in country music as the director of A&R (artists and repertoire) for Big Machine Label Group—which just so happened to launch Taylor Swift.

Working out of a converted house on Nashville's famed Music Row, Allison and her team are constantly seeking out hot new songs and up-and-coming talent to fill—and fulfill—BMLG's ever-growing roster of musical artists. From Reba McEntire and Tim McGraw to Steven Tyler and Rascal Flatts, the industry's biggest names rely on Allison to help discover the tunes that will fill their chart-topping albums. Meanwhile, the group's five imprints—Big Machine, Valory Music Co., BMLG Records, Dot Records and Nash Icon Music—lean on Allison to help discover the next arena headliners.

"I believe in song karma," says the laid-back blonde. "If I hear a hit song, I want to exhaust every opportunity for my artists to

record it. But if not, I still want a great song to find a home."

What started as a passion for playing piano and acting in musical theater has turned into a long-lasting love affair with the music industry. Allison's parents encouraged her enthusiasm. At age 14, they allowed her to attend Choate Rosemary Hall in Connecticut for a summer theater program. Later, after her sophomore year at Vanderbilt University, she took an intensive overview of the musical theater industry in London. It was there, watching actors hustle and production teams create magic, where she learned that a wide world of business existed beyond the stage.

Allison chose Vanderbilt because she was accepted for early admission—but also because it would bring her to the heart of Music City. "I loved music so much that I begged my dad to bring me to the Grand Ole Opry when I was 12 to see Dolly Parton," she says. As a human development major in college, she was required to spend a semester working a full-time internship. She landed a gig at RCA Records where she worked under the label's

CLAY COOK





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We Are Listening

Domestic violence is still a real thing. It comes in many forms and if you've dealt with it, we're all ears. On your terms.

Email: thekey@kkg.org

president, Joe Galante, who had helped develop the careers of many artists, including Parton, Allison's idol.

The job was not glamorous, she laughs. "I was supposed to be doing something worthy of a senior thesis but, in reality, I answered the phones—and this was 1990, so pre-voicemail, pre-email, pre-internet," she says. "And I was the single worst receptionist."

But, what she did learn was how to pay attention. "I kept my mouth shut and did what I was told," she says, adding that she spent a lot of time making copies because "that's where you learned literally everything."

It all paid off, too. She made an impression on Galante, who was about to launch a new label called BNA Records. When the time came to hire a team, he called Allison. "I was so lucky," she says. "The first year of my working life, I had three jobs—the label head's assistant, receptionist and marketing assistant—but I would never trade it because it eventually morphed into me doing A&R."

It was the label's head of A&R, Richard Landis, who taught Allison how to find a hit song. He would point to a stack of cassettes filled with newly written tunes and ask Allison to listen to them. "He was old school, so he'd say, 'I have to love it in the first five to 10 bars. I want to hear a clap, a snap, a guitar hook or a great lyric.'"

At the time, Landis was looking for music for one of the label's reigning country queens, Lorrie Morgan. In one of her first listening sessions, Allison heard a song that Landis loved—and there were snaps and claps in the chorus.

"I remember running it to Richard saying, 'I found it!'" she recalls. Landis told Allison



In 2005, Taylor Swift was one of the first to sign on with Big Machine Label Group.

to drive the cassette over to Morgan's house where she found the country queen herself standing at the door. "She said, 'I'm cooking fried chicken, do you want some?'" Morgan ended up loving the song, called "Watch Me," and it became the title track to her album, hitting No. 2 on Billboard's Hot Country Singles and Tracks. With that, Allison's career was sealed.

After cutting her teeth at BNA, Allison went on to work for labels like Giant Records, DreamWorks Nashville and MCA/Mercury, which is where she connected with Reba McEntire—an artist she still works with at BMLG. Along the way, she also met a young Scott Borchetta, who was about to make waves by launching his own label, Big Machine. When the time came for him to find a head of A&R, he called Allison.

Throughout her decades-long career, Allison says that it's the thrill of finding a hit song that keeps her going. "I love nothing more than coming to work every day knowing I might find a song like 'Humble and Kind' [by Tim McGraw] or 'H.O.L.Y.' [by Florida Georgia Line]. I hear so much good music all the time, but those moments are the ones you just hope happen," she says. Those two songs, along with "Die a Happy Man," by

I have a fast pace and I don't always have time to hold someone's hand, but I am fiercely protective of them and always fight for my team.

Thomas Rhett, which Allison also landed, were the top three selling country songs in 2016. "I can't help but smile when I hear those songs. And I still feel the way I did when I heard the claps and snaps," she adds.

Allison's influence can be seen in the careers of so many of today's biggest country stars. There's Reba and Lorrie Morgan, of course. But the pro has also worked with just about every great in the industry: George Strait, Toby Keith, Trisha Yearwood and Tim McGraw, among them. What's more, she's now seeing a second generation of artists come up—she worked with Rhett Akins early in his career and now seeks out music for his son, rising country star Thomas Rhett. "I'm invested in my artists anyway, but with guys like Thomas, who I've literally been aware of since inception, it's like working with family," she says.

Early in her days at BMLG,

she went to see Taylor Swift headline her first major show in Chattanooga, Tennessee. Out in the audience, young girls held up signs and screamed for Taylor. "I stood at the sound board with Andrea [Taylor's mom], and as a parent, I just wept. I looked at her and thought, 'This is your child and she's literally going to change the world,'" Allison says. "I could see what Taylor was doing to a generation—and that was just her first album—and I've never been so proud to be a part of something."

The mother of an 11-year-old son named Dylan, Allison is a natural nurturer, something she says is invaluable in her career. "Part of being a parent is wearing your emotions on your sleeve. And to do my job, you have to have exposed emotions," she says. "I'm very good at business and I'm militant when it comes to a recording budget. But my constant struggle is between being a businesswoman and being a mom, especially to these younger artists," she adds.

Those same skills set her apart as a mentor, as well. Allison has built a strong team, many of whom are women, and her goal is to help all of them succeed in the business.

"I have a fast pace and I don't always have time to hold someone's hand—but I am fiercely protective of them and always fight for my team," she says. That means helping them laugh and take a deep breath when things get stressful—and offering them opportunities to rise through the ranks, just like so many others did for her. "I think that's the sign of a good leader—when you can give someone else the leverage to go out on their own."



Leadership Academy

SEPT. 14-17

This three-day workshop in Marengo, Ohio, is for collegians (one per chapter) and up to 80 alumna members. You will find intergenerational mentoring opportunities, discover personal leadership, define your vision, hone communication skills and learn long-range planning to achieve your best.

For more, visit www.kappa.org/events.

MAKE A note



Our Storied Past

Discover Kappa through the lens of *The Key*. Back issues of the magazine, from 1882 to present, can be read on Kappapedia, an online archive. Clear some time in your schedule to peruse these pages of fascinating women and historical events reflected in 135 years of magazine issues.

Find it here: wiki.kappa.org.



Women Who Achieve

MAY 15

Do you know a member who is outstanding in her field? If so, consider nominating her for a 2018 Alumnae Achievement Award. Previous recipients have included IBM leader Ginni Rometty, Senator Kirsten Gillibrand, Doris Buffet and more. Submit nominations by May 15, 2017. Log in at kappa.org/members and navigate to More Resources > General Resources > Alumnae Achievement Award Nomination.

House Board Forum

JULY 28-30

This event will take place in Columbus, Ohio, at the Hilton-Polaris. The Fraternity is funding one member to attend from each House Board and there is limited space at this new event. For more information, email Sarah Gipe, Associate Director of House Boards and Chapter Finance, or call 866-KKG-1870.

Love a Good TED Talk?

Marla Williams, Kappa's Director of Education and Training, recommends Matt Cutt's "Try Something New for 30 Days," available on YouTube. If you're inspired to try something new, let us know what you tried and how it worked out. Drop us a line at thekey@kkg.org.

Sexual Assault Awareness

April is sexual assault awareness month. Special events in April include Take Back the Night and Walk a Mile in Her Shoes, which many collegians and alumnae support. All chapters also complete a gender-based violence prevention program in their community or on campus during the year. In addition, Kappa partners with Not Any-more to deliver sexual assault educational programs.

Write a Reference

To recommend a potential new member, simply submit an online reference. References are sent directly to the chapter via the online system (no need to find a stamp or address!). After you log in, navigate to www.kappa.org/references. Tip: A reference is a great tool to help introduce a woman to Kappa Kappa Gamma, but after that, it's up to the potential new member and the chapter to decide the best fit.

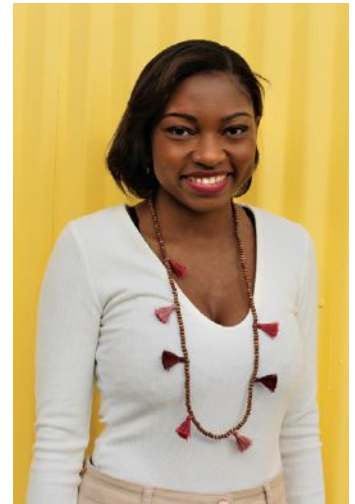
IN brief



MESSAGE FROM THE PRESIDENT

Lions and Tigers and Bears! Oh my!

Well, not really, but as an organization, Kappa has been working to determine how to accommodate members who require emotional service animals. The Fair Housing Act requires public and private housing entities to accommodate “assistance” animals in “dwellings,” including “housing associated with a university,” a phrase broad enough to extend to Greek housing. Requests from members to live in a chapter house with an emotional service animal are treated as requests for an assistance animal under the FHA, which requires Kappa to go through the reasonable accommodation process on a case-by-case basis. Emotional service animals are treated separately from the specially trained dogs that serve as service animals under the Americans with Disabilities Act. — **Beth Uphoff Black**, Illinois Wesleyan



FLORIDA STATE

Leading the Way

Epsilon Zeta Chapter, Florida State, elected **KeiJan Martin** as chapter President. KeiJan is the first African-American woman to hold that office at Epsilon Zeta, and she is one of two women of color who now preside as president of National Panhellenic Conference chapters at Florida State University.

KeiJan joined Kappa as a sophomore at the urging of her roommate. As a self-professed shy girl in high school, finding a new way to socialize appealed to her. “It forced me to do something that I wouldn’t normally do,” KeiJan says. During Recruitment, she found there were few women like her to look up to, but it didn’t stand in her way. “I didn’t understand the stigma behind being in a Panhellenic sorority and it didn’t faze me,” KeiJan says. “I never felt as though I had to change myself when joining my chapter,” she says. “Everyone was very supportive of everyone. I didn’t necessarily feel that stigma.”

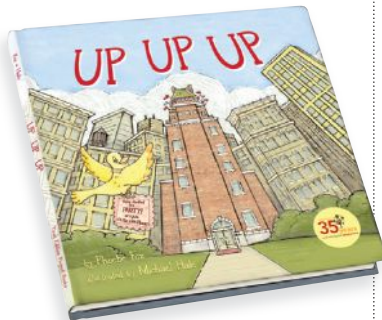
KeiJan sees the opportunity as a way to place greater emphasis on the gift of diversity in chapter membership. One of her Kappa Kappa Gamma sisters, Ana Gonzales, shared that

RETTAKS HOTIHERO/GETTY

KeiJan was selected because of her qualifications and passion for her sisterhood. “We are so diverse and even more so than the color of our skin, but also where we all stand with our beliefs and thoughts,” Ana says.

KeiJan’s leadership style is best summed up by a quote her mother told her: “Good, better, best. Never let it rest until your good’s better and your better’s best.”

—**Amber Parsell Lynch**, Rollins



ARIZONA STATE

Buy One, Give One

Phoebe Fox, *Arizona State*, is raising awareness for children’s literacy with her book, *Up Up Up*, a tale about a crowd of animals trying to reach a birthday party on an upper floor of an apartment.

As a former teacher, librarian

and mother of three, Phoebe has a passion for children’s literature. In elementary school, she was a voracious reader and eventually dreamed of becoming a writer. “For over 15 years, I had kept files of ideas for children’s books,” Phoebe says. “It was finally time to take action.”

Phoebe’s dream became a reality with help from Southwest Human Development, a nonprofit organization dedicated to early childhood development. The book was named the winner of Southwest Human Development’s 2015 First Edition Children’s Book Contest, after being selected from a pool of more than 250 entries. “I was so happy,” Phoebe says of her win. “It was such a feeling of validation for going after my passion.”

To ensure copies of *Up Up Up* get into the hands of children in need, the publisher has employed a buy-one, give-one model. For every book purchased on its website or in a Changing Hands Bookstore, a copy is donated to a child who might not otherwise be able to afford it. For more about the First Edition Project or how to buy *Up Up Up*, visit www.firsteditionproject.com.

—**Amber Parsell Lynch**, Rollins



5,6,7,8

Swoon-worthy Solo

Julia Friend, *Harvard*, had a dreamy day on Feb. 3, 2017, when she sang to and danced with celebrity heartthrob, Ryan Reynolds. Julia is a member of The Radcliffe Pitches, Harvard University’s oldest female a cappella group, and was awarded the group’s solo piece during Reynolds’ welcome tour of campus. Reynolds was visiting Harvard to accept the prestigious Hasty Pudding Theatricals’ 2017 Man of the Year award.

#KKGENIUS

On the Rhodes to Success

Sarah Waltcher, *Dartmouth*, has been named a 2017 Rhodes scholar. The top distinction is awarded to fewer than 100 students from around the world chosen to pursue graduate studies at the University of Oxford next year. Congratulations, Sarah!



CHRIS SNIHBE/HARVARD UNIVERSITY; COURTESY SARAH WALTCHER

Key

ACHIEVEMENTS

Elizabeth Becker Bauman

FLORIDA STATE. Elizabeth has just published *Homeschooling Hope*, her second children's picture book featuring the adventures of a young girl who sees the world through a different lens. Co-written with daughter Katherine, who also did the illustrations, it follows last year's release of *Hope's Colors*. Elizabeth says Katherine, who has Asperger's syndrome, sees art as a doorway into an enchanted land where everything is anything but ordinary. She hopes the two books will grow into a series emphasizing the importance of being yourself and believing in the great potential that is you.

Kathy Owens Wine

DRAKE. After the Upper Mississippi River received a C grade from the 2015 America's Watershed Initiative, River Action gathered 200 stakeholders from 15 states to develop a plan for raising the grade by 2020. The resulting action agenda, which focuses on seven areas including watershed management and recreational opportunities, was delivered to Capitol Hill in late 2016. River Action, co-founded by Kathy Wine in 1984, is a catalyst for community building along the Mississippi

through projects like lighting up a bridge, creating miles of trails, and organizing Floatzilla, an annual flotilla of canoes and kayaks that takes place in August.

Katherine Clark

ST. LAWRENCE. Congresswomen Katherine Clark (D-MA) reintroduced the bipartisan Pet and Women Safety Act in February 2017. The act expands federal domestic violence protections to include threats or acts of violence against a victim's pet, and provides funding for housing domestic violence victims with pets. Katherine, who has served the 5th District of Massachusetts since 2013, is also working to combat online harassment by introducing federal legislation, speaking at digital conferences and lobbying social media companies.

Anna Peterson Crosslin

WASHINGTON UNIV. (ST. LOUIS). Anna received the 2016 St. Louis Award in December for her long service as the executive director of the International Institute of St. Louis, which helps refugees and immigrants settle in the region. It's but the latest in a series of awards for Anna, who was a White House Champion of



ONE TO WATCH

SHANIAH PAIGE ANDERSON

MONMOUTH

Country music singer-songwriter **Shaniah Paige** caught song fever at a young age, seizing every opportunity to perform in local theater productions. In May 2016, Shaniah Paige signed a management and recording contract with Heart Songs Corporation and was named Fresh New Face of Country Music by Renegade Radio Nashville. In November 2016, she released the single, "Be Somebody." When she's not in Nashville, Shaniah has been performing regionally in Illinois and Iowa.

Change for World Refugee Day in June 2015 and has honorary doctorates from Webster and Washington universities. The St. Louis Award was established in 1931, and is given annually to a local resident who has brought the greatest honor to the community.

Frances Roskam

MIAMI (OHIO). The Justification of Youth, or JOY, connects university students looking to support a cause with at-risk children. Since founding JOY in 2014 after the Latin American studies major did an internship at Kids Alive, Frances

COURTESY SHANIAH PAIGE

“Frankie” Roskam has organized five student mission trips to the Dominican Republic. JOY has chapters at Miami, Taylor and Notre Dame universities, where the student groups raise money to sponsor children.

Raye Needham Allen
OHIO STATE. In September 2016, Mount St. Joseph University in Cincinnati, Ohio, named Raye Allen vice president of institutional advancement. Raye directs the Mount’s development, alumni and donor relations and serves on the president’s cabinet. Previously, Raye was director of major gifts and leadership giving at the United Way of Greater Cincinnati. Raye is also an ordained deacon at the Presbyterian Church of Wyoming, Ohio.

Elizabeth Alexander Cumbie
TCU. Elizabeth is an eighth grade American history teacher in the Birdville Independent School District in Watauga, Texas, where she has taught at Watauga Middle School for over 10 years. Elizabeth was named Texas Teacher of the Year in 2016 by the Texas Council for the Social Studies. The nomination stated: “Elizabeth works in a school that has a high level of poverty and many academic challenges; however, her students consistently outperform those at the most affluent schools in Birdville. She teaches pre-AP, on-level, and inclusion classes—and all demonstrate the highest levels of performance for their ability group within our district.”

Heather Chandash Brock
ALABAMA. Heather’s law firm, Buchanan Ingersoll & Rooney, has named her chief diversity and inclusion officer. In this role, Heather creates initiatives in diversity and inclusion in hiring, retention and attorney advancement.

“I look for ways to partner with our clients to meet and advance their diversity and inclusion goals,” she writes. It’s a timely appointment, as the National Association for Law Placement reports that nationwide “although women and minorities continue to make small gains in their representation among law firm partners in 2016, the overall percentage of women associates has decreased more often than not since 2009, and the percentage of black/African-American associates has declined every year since 2009, except for the small increase in 2016.”

Jane Lubchenco
COLORADO COLLEGE. Oregon State University marine studies professor Jane Lubchenco received the Public Welfare Medal from the U.S. National Academy of Sciences in April 2017. This award is the Academy’s most prestigious award, which is based on scientific contribution for the public good. Jane was selected for using her “expertise on oceans, biodiversity, climate change, and interactions between the environment and human well-being” to link “science, public policy, and citizen engagement to address urgent issues of global environmental change.” Jane was the first woman administrator of the National Oceanic and Atmospheric Administration from 2009 to 2013.

Sarah Skinner
EMORY. The Georgia School Counselor Association named Sarah Skinner its Counseling Advocate of the Year in 2016. Sarah is principal of Louise Radloff Middle School in the Gwinnett County Public Schools in Duluth, Georgia. In addition to serving her public school system, Sarah has been a long-time volunteer for Kappa Kappa Gamma, serving as adviser and on the Convention Committee.

Leal’s Flavorful Family Tradition



At the Leal family’s eponymous Mexican restaurants, fresh salsa and authentic tortillas are a tradition. Jesse and Irma Leal opened a small tortilla factory in Texas during the Great Depression and then a restaurant, and then more restaurants. Today, Leal’s products are available in restaurants, grocery stores and online thanks to **Marcie Caldwell Leal**, *Texas Tech*, and her husband, Abel. They founded Leal’s Mexican

Foods in 2000 to bring their family’s salsa and chips to a wider audience. Truly a family business, Marcie and Abel, along with their three young boys, manage all aspects of the business themselves, beginning with bottling the famous salsa.

Taking the business from restaurants into grocery products was a big leap, but Marcie credits her Kappa days at Texas Tech University for modeling leadership, kindness and fun, while encouraging her to take on new challenges. She hopes her story will inspire women to “take more risks, both in life and in business.”

—*Shea Keats*, John Carroll

Leal’s Green Enchiladas

featuring their famous Green Chile Tomatilla Salsa

INGREDIENTS

- 1 package cream cheese
- 1 can diced green chiles
- 1 rotisserie chicken, shredded
- Salt and pepper to taste
- 1 package corn tortillas
- 2–3 jars Leal’s Green Chile Tomatillo Salsa
- 1 ½ cups shredded cheese

INSTRUCTIONS

1. Preheat oven to 375 F.
2. In a saucepan, combine shredded chicken, cream cheese and green chiles until cheese has melted.
3. Wet tortillas with water or warm them with a small amount of oil in a skillet, cooking and turning until soft.
4. Wrap chicken mixture in tortillas and roll up tightly.
5. Lay in a baking dish.
6. Pour on 2–3 jars of Leal’s Green Tomatillo Salsa and grate cheese over the top.
7. Bake for 25 minutes.

IN memoriam

Akron, University of

Yancura, Ann Traub, '62, d. 7/16

Alabama, University of

Allen, Joanne Wright, '54, d. 11/16
Cummings, Sydney Finnell, '54, d. 10/16
Harper, Lucy Banks, '46, d. 9/16
Lines, Margaret Riley, '72, d. 1/16
Wright, Carolyn Howard, '45, d. 8/16

Allegheny College

Cooley, Suzanne McCreary, '49, d. 5/16

Arizona, University of

Clements, Beth Schulze, '51, d. 9/16
Owens, Jody Thompson, '49, d. 8/16
Stinson, Dorothy Trubey, '44, d. 8/16
Wheary, Donna Carlson, '57, d. 10/16

Arkansas, University of

Dermott, Courtney Stevens, '60, d. 10/16
Patterson, Anne Sartin, '56, d. 9/16
Williamson, Billy Breedlove, '57, d. 5/16

*** Boston University**

Brenner, Barbara Hall, '46, d. 8/16

Bowling Green State University

Tubbs, Michelle Klein, '95, d. 11/16

British Columbia, Univ. of

Douglass, Shirley Abbott, '47, d. 9/16
Westwood, Elspeth Robinson, '65, d. 7/16

Bucknell University

Walton, Barbara Post, '60, d. 10/16

Butler University

Church, Alice Moore, '51, d. 8/16
French, Carol Koelling, '59, d. 7/16
Volk, Phyllis Smith, '49, d. 8/16

California State University, Fresno

Logan, Shirley McCoy, '54, d. 10/16

California, U. of, Los Angeles

Starr, Joan Augspurger, '49, d. 11/16
Williams, Barbara Barsch, '46, d. 10/16
Workman, Marie Jones, '47, d. 10/16

Cincinnati, University of

Hendricks, Vicki Schepman, '64, d. 9/16
Winans, Patricia, '59, d. 7/16

Colorado College

Bissell, Mary Gibbs, '39, d. 9/16
Esmiol, Elizabeth Hunter, '44, d. 9/16
Washburne, Robin Palmer, '43, d. 9/16

Colorado State University

Gillen, Cynthia Cobb, '62, d. 7/16
Gregor, Lynn, '75, d. 10/16
Walters, Lorna Binford, '59, d. 8/16

Colorado, University of

Meredith, Sheila Provost, '60, d. 9/16
Prey, Vandra Rosendahl, '53, d. 6/16
Roach, Janice Redfield, '49, d. 10/16

*** Connecticut, University of**

Argueso, Carol Krumenau, '55, d. 9/16
Sitney, Sally Schenck, '49, d. 7/16

Cornell University

Bryant, Jean Quick, '41, d. 11/16
Nichols, Sandra Foote, '57, d. 9/16

Denison University

Karras, Janice White, '52, d. 8/16

DePauw University

Kivett, Gertrude Macomber, '52, d. 1/16
Shandy, Mary Murdock, '44, d. 8/16

Drake University

Gabalton, Megan Smith, '89, d. 9/16
Neu, Mary, '59, d. 11/16

Duke University

Thompson, Margaret Strachan, '47, d. 8/16
Williams, Betty Walker, '45, d. 9/16

Emory University

Ezell, Barbara Tuggle, '59, d. 11/16

George Washington University

Brooke, Kathryn Brown, '36, d. 7/16
Dubois, Margaret Jackson, '45, d. 9/16
Estes, Claudia Smedberg, '47, d. 10/16
Grinnell, Betty Kline, '47, d. 10/16
Lansdale, Martha Brock, '41, d. 8/16
Miller, Faith Sutton, '40, d. 9/16

Georgia, University of

Andrews, Alice Strang, '74, d. 3/16
Dantzler, Beverly Burcham, '47, d. 10/16
McGregor, Teresa Old, '78, d. 8/16
Norman, Laura, '77, d. 10/16
Paden, Janet Cheves, '48, d. 7/16
Vereen, Evelyn King, '61, d. 9/16

*** Goucher College**

Lubkert, Addy Holmes, '35, d. 9/16

Idaho, University of

Fanning, Kelly, '83, d. 10/16
Munro, JoAnn Reynolds, '54, d. 5/16
Thomas, Nancy Smith, '47, d. 7/16

Illinois Wesleyan University

Morby, Carolyn, '59, d. 7/16
Wojtak, Amy Greenhill, '93, d. 9/16

Illinois, University of

House, Kay, '44, d. 8/16
Killoren, Lesley Bork, '58, d. 9/16

Indiana University

Craig, Janet Tuhey, '44, d. 3/16

Iowa State University

Cox, Joyce Thornton, '51, d. 2/16
McLain, June Polson, '47, d. 9/16
Myers, Karyl Yates, '51, d. 9/16
Strothman, Margaret Chaffee, '51, d. 9/16

Iowa, University of

Doyle, Joan Devereaux, '47, d. 4/16
Fischer, Patricia Tobin, '44, d. 10/16
Snyder, Ruth Curtis, '42, d. 8/16

Kansas, University of

Raney, Patricia Brady, '63, d. 10/16
Smith, Jean Egbert, '38, d. 10/16
Smith, Marty Waddell, '49, d. 8/16

Kentucky, University of

Doyle, Noi Peers, '52, d. 7/16
Germond, Mary Gess, '55, d. 9/16

Louisiana State University

Guenard, Flournoy Voelker, '42, d. 8/16
Kahle, Barbara Levert, '64, d. 8/16
Kelley, Sheila French, '77, d. 10/16
Sigler, Rosalind Smith, '56, d. 10/16

*** Maryland, University of**

MacCallum, Mary Robinson, '49, d. 4/16

Stuart, Constance Cornell, '57, d. 8/16
Watt, Jean Mace, '55, d. 8/16

Massachusetts, University of

Coyle, Diana Gernes, '59, d. 11/16
Lowe, Elinor Gannon, '50, d. 11/16
Sottile, Mary Lester, '50, d. 10/16

Miami University

McShane, Joan Crowe, '46, d. 10/16

Miami, University of

Kimball, Christine Eller, '40, d. 9/16

Michigan State University

Granat, Barbara Cranston, '49, d. 8/16
Hall, Caroline Humble, '63, d. 8/16
Metcalf, Marion Banks, '38, d. 10/16

Michigan, University of

Gillette, Phyllis Crawford, '42, d. 8/16
Halvorson, Marcia Brunk, '45, d. 9/16

*** Middlebury College**

Tefft, Sally Nothnagle, '37, d. 5/16

Mississippi, University of

Bonner, Cynthia Hogan, '50, d. 9/16
Chase, Lauren Johnson, '02, d. 8/16
Frey, Martha Stone, '48, d. 8/16
Levings, Henrietta Crosby, '50, d. 8/16

Missouri, University of

Bellemere, Jean Tanzey, '37, d. 9/16
Dunklin, Betty Oberheide, '40, d. 11/16
Grimes, Dee, '56, d. 6/16
Howe, Shirley Munger, '48, d. 8/16
Ruth, Michelle Landrum, '77, d. 10/16
Udpike, Juliette Potter, '36, d. 9/16

Monmouth College

Person, Claribel Gerhart, '45, d. 5/16

Montana, University of

Anderson, Patricia Riley, '50, d. 10/16
Davidson, Gay Vannoy, '49, d. 4/16
Donovan, Patricia, '50, d. 8/16
Dratz, Betty Leaphart, '40, d. 6/16
Riechman, Marilyn Edinger, '45, d. 11/16

Nebraska, University of

Frank, Elizabeth Hofh, '41, d. 9/16
Loucks, Ruth Miessler, '51, d. 8/16

New Mexico, University of

Benakis, Anna Balling, '51, d. 10/16
Crist, Dorothy Cornelius, '43, d. 8/16
DeLayo, Helen Griffith, '40, d. 8/16
Friedman, Maxine Krohn, '45, d. 10/16
Speer, Anne Richardson, '48, d. 10/16

North Carolina, University of

Hoch, Mary Camp, '79, d. 8/16
McKnight, Carol Garris, '59, d. 5/16

Northwestern University

Gillfillan, Patricia Emrich, '41, d. 3/16
Mackey, Susan Smith, '61, d. 9/16
Shpherd, Dorothy Munshaw, '34, d. 8/16
Spiegel, Audrey McIntyre, '52, d. 11/16

*** Ohio State University**

Johnson, Martha Dobson, '40, d. 8/16
Klag, Marjorie McDermott, '38, d. 8/16
Nosker, Jean Love, '37, d. 10/16

Ohio Wesleyan University

Fausnaugh, Aggie Park, '48, d. 10/16
Lee, Suzanne, '76, d. 7/16
Vuzay, Patricia Cailor, '52, d. 10/16

Oklahoma State University

Gifford, Stephanie Craig, '72, d. 8/16
Herring, Gayle Williams, '55, d. 10/16
Wagner, Carolyn Lipe, '51, d. 10/16

Oklahoma, University of

Alspaugh, Ann, '54, d. 9/16
Barton, Jo Clough, '50, d. 8/16
Brock, Donnie Vaughn, '50, d. 9/16
Dale, Judy Foster, '63, d. 2/16
Inman, Susan, '79, d. 9/16
Nichols, Mary Anne Currie, '44, d. 4/16
Phillips, Ellen Rowe Brillhart, '46, d. 8/16

Oregon State University

Haag, Carol Sumner, '59, d. 10/16

Ritchie, Patricia Heidt, '48, d. 9/16
Taylor, Marjorie Kuenster, '48, d. 6/16

Oregon, University of

Johnson, Virginia Garvin, '41, d. 10/16
Rosette, Virginia Kellogg, '49, d. 7/16

Pennsylvania State University

Adams, Cynthia Doan, '46, d. 8/16
Gray, Jane McBrier, '63, d. 8/16

*** Pennsylvania, University of**

Bowers, Elizabeth Crofoot, '34, d. 9/16
Croft, Ann Moore, '55, d. 9/16
Mohn, Anita Kift, '46, d. 8/16

Pittsburgh, University of

Dolan, Shirley Smith, '48, d. 8/16

Purdue University

Huck, Suzan Schlueter, '46, d. 10/16

*** San Jose State University**

Collier, Virginia Wetzel, '50, d. 9/16
Gilmore, Virginia Davis, '71, d. 7/16
Venturi, Constance MacLean, '53, d. 10/16

Southern Methodist University

Apeland, Suzanne Dranguet, '53, d. 8/16
Archibald, Cynthia Hood, '52, d. 8/16
Meador, Jean Skillern, '46, d. 11/16
Shaw, Mary Cargill, '50, d. 8/16
Smith, Wendy Weber, '88, d. 8/16
Thomas, Mary Dale Turner, '52, d. 10/16

St. Lawrence University

Mattfeld, Patty Wright, '43, d. 9/16

Syracuse University

Fling, Margaret Rodger, '33, d. 8/16
Rutan, Jane Whitney, '44, d. 6/16

Texas Tech University

Ridlen, Betti Bullock, '61, d. 1/16
Smitherman, Lisa Patterson, '79, d. 9/16

Texas, University of

Dwelle, Nancy Martin, '65, d. 8/16
Joekel, Kristy Gayle, '84, d. 8/16
Lecznar, Margaret Wooldridge, '44, d. 9/16
Moore, Jean Holland, '46, d. 11/16
Sanders, Mary Ferguson, '41, d. 10/16

Toronto, University of

Armstrong, Reina Faed, '37, d. 9/16
Braidon, Jane, '63, d. 8/16
Coyle, Kay Weatherill, '46, d. 10/16
McCoy, Mai-Liis Karro, '64, d. 11/16

Tulane University

Earhart, Diana Dymond, '61, d. 6/16
Walters, Nancy Stewart, '64, d. 9/16

Tulsa, University of

Armstrong, Ruth Johnston, '57, d. 8/16

Utah, University of

Gamble, Lynda Smith, '62, d. 10/16
Moore, Shirley Poulton, '41, d. 3/16
Natale, Melissa Amiot, '91, d. 6/16

Washington State University

Gregory, Kashie Watson, '48, d. 11/16

Washington, University of

Eckstein, Sara Mae Peterson, '52, d. 11/16

West Virginia University

Duda, Debra Kudla, '75, d. 10/16

Whitman College

Mahon, Marolyn Smith, '45, d. 8/16
Walker, Rose Anne Mills, '51, d. 10/16

William & Mary, College of

Fuller, Mary Bryan, '42, d. 10/16
Gillespie, Carolyn Ash, '52, d. 11/16
Hart, Nancy Bozarth, '46, d. 9/16

Wisconsin, University of

Hornung, Kristin Bauman, '85, d. 9/16

Wyoming, University of

Graf, Martha Strayer, '49, d. 7/16
Hatfield, Laura Brown, '39, d. 8/16
Page, Margaret Burns, '44, d. 7/16

Submitted Aug. 1, 2016, to Nov. 20, 2016

* Indicates inactive chapters.



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LOVE IS IN THE AIR

The more things change, the more they stay the same—except when it comes to dating. For a side-by-side of dating in the 1980s and now, we asked **Alex Williamson**, SMU, vice president at Bumble (a dating app founded by **Whitney Wolfe**, SMU) and **Leah Bogdan DeCesare**, Syracuse, who published a novel in April based on hilarious dating advice her father gave her in the late 1980s—advice that still holds up today.

Alex Williamson
SMU, VICE PRESIDENT,
BUMBLE DATING APP



Leah Bogdan DeCesare
SYRACUSE, AUTHOR OF *FORK, KNIVES,*
SPOONS: A NOVEL

Women!	Who initiates a date?	Guys invited girls on real dates in the 80s and 90s—to a restaurant off campus or the movies.
What's a date? Just kidding—very little planning. I recommend going for a walk or early evening drinks.	How much planning is involved?	Since there were no computers, cellphones, email or internet, we had to arrange times and places to meet up and then wait till everyone arrived to go somewhere else.
A plane flight with a pilot to a neighboring city for a cup of tea (he's now my fiancé).	Best date ever?	A surprise: picnic blankets on the beach in the chilly fall. Giant group get-togethers don't count as dates!
Be yourself from the beginning so you never have to worry if the other person likes the real you.	Best dating advice you've received?	My dad classified guys into cutlery: forks, knives and spoons. Avoid the forks (prodding) and the spoons (awkward); knives are nice guys with potential.
Don't put pressure or expectations on a relationship in the beginning stages of dating. Enjoy the process of meeting new people.	Dating advice you like to give?	Don't change who you are to be with a guy. Be unwilling to give up parts of yourself to conform.
I went out with a guy who told me he lived, by choice, in a camping tent, and every morning, a cat brought a dead bird into the tent and put it on his sleeping bag. True story.	Worst dating experience?	He borrowed a Jeep Wrangler and drove with the top down to a restaurant 30 minutes away. When we left, he couldn't figure out how to put the top up and I remember huddling against the dashboard heating vents the whole drive home.



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